

Nationwide Life and Annuity Insurance Company One Nationwide Plaza Columbus, OH 43215-2221

Nationwide CareMatters

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Life insurance for two with cash indemnity long-term care benefits

Prepared for:

William Smith Mary Smith

Prepared on:

June 17, 2023

Life Insurance Producer:

Jack Lenenberg LTC Partner 312 Maxwell Rd. Suite 400 Alpharetta, GA 30009 Phone: 800-891-5824 Fax: 770-753-3939

The insurance professional or company may contact you in response to your request for additional information.

The information contained herein was prepared to support the promotion, marketing, and/or sale of life insurance contracts, annuity contracts and/or other products and services provided by Nationwide Life and Annuity Insurance Company.

• Not a deposit • Not FDIC or NCUSIF insured • Not guaranteed by the institution • Not insured by any federal government agency • May lose value



Rely on Nationwide[®] to be here for you

We work hard to help you protect what matters today and prepare you for what comes tomorrow. In fact, we've been helping members protect what's important since 1926 and **providing long-term care solutions for nearly 25 years.** We run our business to make sure we'll be here to protect you whenever you need us.



¹ These ratings and rankings reflect rating agency assessment of the financial strength and claims-paying ability of Nationwide Life Insurance Company and Nationwide Life and Annuity Insurance Company. They are not intended to reflect the investment experience or financial strength of any variable account, which is subject to market risk. Because the dates are updated only when there's a change in the rating, the dates above reflect the most recent ratings we have received. They are subject to change at any time.

- ² "The 100 Best Workplaces for Diversity," fortune.com/best-workplaces-for-diversity/2019/search/ (2019).
- ³ Based on revenue, Fortune magazine (June 2021).
- ⁴ "100 Best Companies to Work For," greatplacetowork.com/best-workplaces/100-best/2022 (2022).



Your policy highlights

William Smith

(Male, 55 Preferred Nontobacco, Illinois)

Mary Smith

(Female, 55 Preferred Nontobacco, Illinois)

This policy covers a wide range of long-term care (LTC) services and pays the monthly benefit directly to you, the policyowner. Nationwide CareMatters TogetherSM was designed to put you in control of your future long-term care choices.

Please review the enclosed information with your insurance professional to determine whether Nationwide CareMatters Together is right for you.

Guaranteed premium	Annual Planned Premium: \$19,750.98
Premium payment period	10-Pay
Maximum monthly LTC benefit	Day 1: \$6,000
	Older insured age 80: \$12,563
Total LTC benefit	Day 1: \$640,248
	Older insured age 80: \$1,340,538
Maximum number of full monthly LTC benefit	96 payments
payments	No further LTC benefits are paid after all full monthly LTC benefit payments have been made.
Inflation protection option	3% Compound for life
Specified amount	\$216,000.00
(amount accelerated for long-term care)	Note: The Net Death Benefit may be higher in some years. See Net Death Benefit column of the Tabular Detail.
Guaranteed minimum death benefit	\$21,600.00
Is Sales Proposal a MEC? ⁵	No

LTC benefits will never go down unless you choose to make changes to your policy, such as taking loans or partial surrenders from the policy or not paying scheduled premiums.

⁵ LTC benefits paid from a MEC policy receive the same tax advantages as LTC benefits paid from a non-MEC policy. These LTC benefits are tax free subject to Internal Revenue Code limits



The benefits of your linked-benefit policy

Linked-benefit policies guarantee:



A premium that will never change



LTC benefits that will never go down⁶



A death benefit if you do not use your LTC benefit

What helps set apart CareMatters Together

Cost-effective coverage for two people, with a flexible shared pool of benefits

Cash indemnity:

- · Clients may elect to receive up to 100% of their available monthly cash benefit
- · There's no need to submit monthly bills or receipts once the claim has been approved
- 100% of the benefits can be used to pay for informal care⁷
- Nationwide places no restrictions on how the benefit is used

Upon completion of the elimination period, benefits for the first 90 days will be paid retroactively along with benefits for month 4

A guaranteed death benefit even if all LTC benefits have been paid

International benefits (see key terms and definitions for details)

Potential tax advantages because of separately identifiable LTC and life insurance premiums

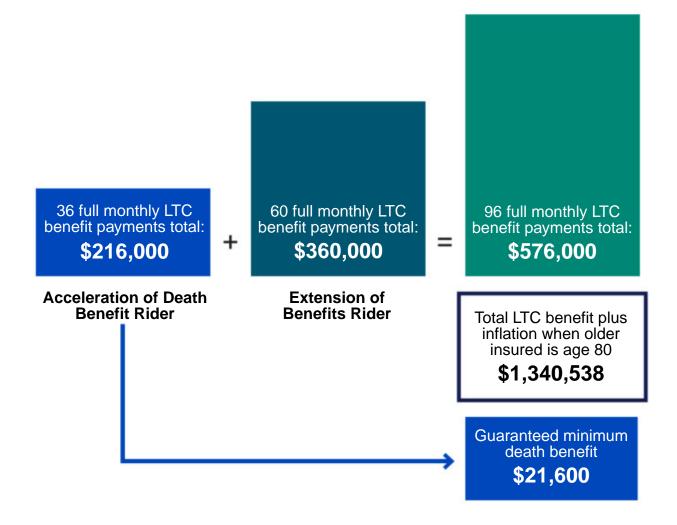
⁶ LTC benefits paid from a MEC policy receive the same tax advantages as LTC benefits paid from a non-MEC policy. These LTC benefits are tax free subject to Internal Revenue Code limits.

⁷ The plan of care provided by a U.S.-licensed health care provider must state that informal care is appropriate.



How CareMatters Together works

Guaranteed premium: 10-Pay \$19,751



Monthly LTC Benefit day 1 of \$6,000 and \$12,563 when older insured is age 80

Upon completion of the elimination period, benefits for the first 90 days will be paid retroactively along with benefits for month 4.

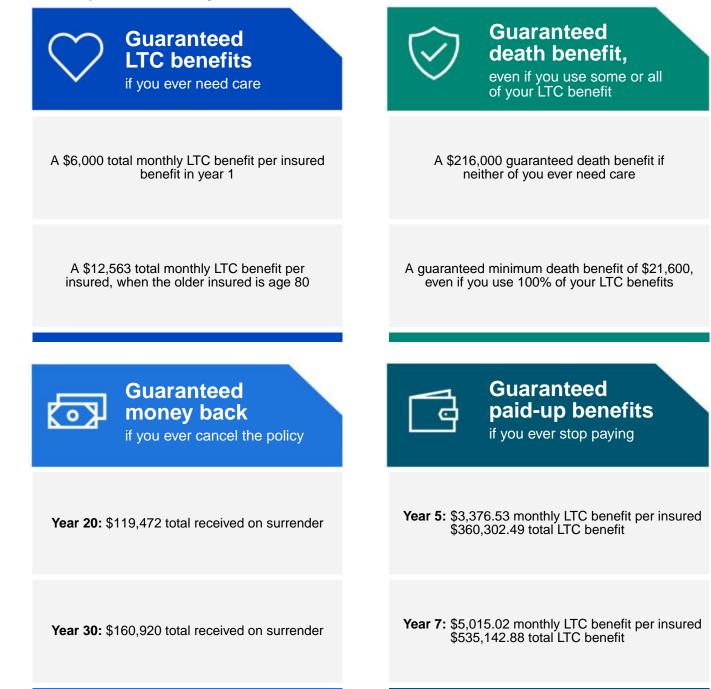
For example, at age 80 of the older insured, the first benefit payment received after completion of the 90-calendar-day elimination period will total \$50,251 (which is **4 x \$12,563**) because of the retroactive payment.

This scenario assumes that all premiums have been paid; no loans, partial surrenders or LTC benefits have been taken; and the full monthly LTC benefit is paid.



Your policy guarantees

Guaranteed premium: 10-Pay \$19,751



All these numbers represent end-of-the-year values and assume you've continued to pay your premium as scheduled and haven't taken any loans or partial surrenders.



Separately identifiable LTC and life insurance premiums

Annual Planned Premium: \$19,751

The scheduled premium breaks down as follows:

Life insurance premium: \$4,933.80 LTC premium William Smith: \$5,553.42 LTC premium Mary Smith: \$9,263.76



Tabular Detail

							nd Benefits Gua			
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
1	55 55	19,751	9,037	9,037	216,000	576,000	6,000	0	6,000	640,248
2	56 56	19,751	16,222	16,222	216,000	576,000	6,000	180	6,180	659,456
3	57 57	19,751	23,674	23,674	216,000	576,000	6,000	365	6,365	679,239
4	58 58	19,751	31,400	31,400	216,000	576,000	6,000	556	6,556	699,616
5	59 59	19,751	39,411	39,411	216,000	576,000	6,000	753	6,753	720,605
Total		98,755								
6	60 60	19,751	47,717	47,717	216,000	576,000	6,000	956	6,956	742,223
7	61 61	19,751	56,328	56,328	216,000	576,000	6,000	1,164	7,164	764,490
8	62 62	19,751	65,254	65,254	216,000	576,000	6,000	1,379	7,379	787,425
9	63 63	19,751	74,506	74,506	216,000	576,000	6,000	1,601	7,601	811,047
10	64 64	19,751	84,094	84,094	216,000	576,000	6,000	1,829	7,829	835,379
Total		197,510								
11	65 65	0	87,183	87,183	216,000	576,000	6,000	2,063	8,063	860,440
12	66 66	0	90,372	90,372	216,000	576,000	6,000	2,305	8,305	886,253
13	67 67	0	93,662	93,662	216,000	576,000	6,000	2,555	8,555	912,841
14	68 68	0	97,054	97,054	216,000	576,000	6,000	2,811	8,811	940,226
15	69 69	0	100,549	100,549	216,000	576,000	6,000	3,076	9,076	968,433
Total		197,510								
16	70 70	0	104,145	104,145	216,000	576,000	6,000	3,348	9,348	997,486
17	71 71	0	107,840	107,840	216,000	576,000	6,000	3,628	9,628	1,027,410
18	72 72	0	111,630	111,630	216,000	576,000	6,000	3,917	9,917	1,058,233
19	73 73	0	115,509	115,509	216,000	576,000	6,000	4,215	10,215	1,089,980
20	74 74	0	119,472	119,472	216,000	576,000	6,000	4,521	10,521	1,122,679
Total		197,510								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

*To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.



Tabular Detail

							nd Benefits Gua			
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
21	75 75	0	123,509	123,509	216,000	576,000	6,000	4,837	10,837	1,156,359
22	76 76	0	127,610	127,610	216,000	576,000	6,000	5,162	11,162	1,191,050
23	77 77	0	131,766	131,766	216,000	576,000	6,000	5,497	11,497	1,226,782
24	78 78	0	135,963	135,963	216,000	576,000	6,000	5,842	11,842	1,263,585
25	79 79	0	140,186	140,186	216,000	576,000	6,000	6,197	12,197	1,301,493
Total		197,510								
26	80 80	0	144,410	144,410	216,000	576,000	6,000	6,563	12,563	1,340,538
27	81 81	0	148,613	148,613	216,000	576,000	6,000	6,940	12,940	1,380,754
28	82 82	0	152,776	152,776	216,000	576,000	6,000	7,328	13,328	1,422,176
29	83 83	0	156,886	156,886	216,000	576,000	6,000	7,728	13,728	1,464,842
30	84 84	0	160,920	160,920	216,000	576,000	6,000	8,139	14,139	1,508,787
Total		197,510								
31	85 85	0	164,822	164,822	216,000	576,000	6,000	8,564	14,564	1,554,050
32	86 86	0	168,558	168,558	216,000	576,000	6,000	9,000	15,000	1,600,672
33	87 87	0	172,120	172,120	216,000	576,000	6,000	9,450	15,450	1,648,692
34	88 88	0	175,479	175,479	216,000	576,000	6,000	9,914	15,914	1,698,153
35	89 89	0	178,610	178,610	216,000	576,000	6,000	10,391	16,391	1,749,097
Total		197,510								
36	90 90	0	181,502	181,502	216,000	576,000	6,000	10,883	16,883	1,801,570
37	91 91	0	184,159	184,159	216,000	576,000	6,000	11,390	17,390	1,855,617
38	92 92	0	186,594	186,594	216,000	576,000	6,000	11,911	17,911	1,911,286
39	93 93	0	188,826	188,826	216,000	576,000	6,000	12,449	18,449	1,968,625
40	94 94	0	190,891	190,891	216,000	576,000	6,000	13,002	19,002	2,027,683
Total		197,510								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

*To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.



Tabular Detail

			All Values and Benefits Guaranteed Guaranteed 1.00% Interest Rate							
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
41	95 95	0	192,842	192,842	216,000	576,000	6,000	13,572	19,572	2,088,514
42	96 96	0	194,679	194,679	216,000	576,000	6,000	14,159	20,159	2,151,169
43	97 97	0	196,368	196,368	216,000	576,000	6,000	14,764	20,764	2,215,704
44	98 98	0	197,902	197,902	216,000	576,000	6,000	15,387	21,387	2,282,175
45	99 99	0	199,268	199,268	216,000	576,000	6,000	16,029	22,029	2,350,641
Total		197,510								
46	100 100	0	200,446	200,446	216,000	576,000	6,000	16,690	22,690	2,421,160
47	101 101	0	201,460	201,460	216,000	576,000	6,000	17,370	23,370	2,493,795
48	102 102	0	202,366	202,366	216,000	576,000	6,000	18,071	24,071	2,568,609
49	103 103	0	203,175	203,175	216,000	576,000	6,000	18,794	24,794	2,645,667
50	104 104	0	203,905	203,905	216,000	576,000	6,000	19,537	25,537	2,725,037
Total		197,510								
51	105 105	0	204,583	204,583	216,000	576,000	6,000	20,303	26,303	2,806,788
52	106 106	0	205,264	205,264	216,000	576,000	6,000	21,093	27,093	2,890,992
53	107 107	0	205,970	205,970	216,000	576,000	6,000	21,905	27,905	2,977,721
54	108 108	0	206,653	206,653	216,000	576,000	6,000	22,742	28,742	3,067,053
55	109 109	0	207,314	207,314	216,000	576,000	6,000	23,605	29,605	3,159,065
Total		197,510								
56	110 110	0	207,954	207,954	216,000	576,000	6,000	24,493	30,493	3,253,836
57	111 111	0	208,577	208,577	216,000	576,000	6,000	25,408	31,408	3,351,452
58	112 112	0	209,183	209,183	216,000	576,000	6,000	26,350	32,350	3,451,995
59	113 113	0	209,775	209,775	216,000	576,000	6,000	27,320	33,320	3,555,555
60	114 114	0	210,355	210,355	216,000	576,000	6,000	28,320	34,320	3,662,222
Total		197,510								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

*To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.



Tabular Detail

				All Values and Benefits Guaranteed Guaranteed 1.00% Interest Rate						
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
61	115 115	0	210,930	210,930	216,000	576,000	6,000	29,350	35,350	3,772,088
62	116 116	0	211,505	211,505	216,000	576,000	6,000	30,410	36,410	3,885,251
63	117 117	0	212,091	212,091	216,000	576,000	6,000	31,502	37,502	4,001,808
64	118 118	0	212,716	212,716	216,000	576,000	6,000	32,627	38,627	4,121,863
65	119 119	0	213,483	213,483	216,000	576,000	6,000	33,786	39,786	4,245,519
Total		197,510								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

*To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.



Input Summary - Ledger Case File: [Untitled]

Screen: Insured

Revised Illustration?	No	2nd Insured Sex	Female	
Issue State 1st Insured First Name	IL William	1st Insured Issue Age or D.O.B. (mm/dd/yyyy)	55	
2nd Insured First Name	Mary	2nd Insured Issue Age or D.O.B. (mm/dd/yyyy)	55	
1st Insured Last Name	Smith	1st Insured Risk Class	Preferred Nontobacco	
2nd Insured Last Name	Smith	2nd Insured Risk Class	Preferred Nontobacco	
st Insured Sex Male				
	Screen: Face An	nount and Premium		
Specify Premium or Benefit	Monthly LTC Benefit	Maximum number of full monthly LTC benefit payments	96	
Premium or Benefit Amount	6000	Inflation Benefit Option	3% Compound for life	
Scheduled Premium	10-Pay	1035 Exchange?	No	
Premium Mode	Annual	1000 Exchange:	110	
Year to Begin Scheduled Premium	1			
	Screen: Interes	t Rate and Income		
Guaranteed Rate				
	Screen: O	utput Design		
General Ledger	Yes	Premium Summary	Yes	
Annual Cost Summary	No	OCC Report	No	
	No	Monthly Cost Summary	No	
Display IRR Column				



Signature Page

I have received a copy of this proposal. I also understand this proposal is not a contract and that the terms of the policy constitute the actual agreement of coverage.

Applicant/Policy Owner

I certify that this proposal has been presented to the applicant. I have made no representations that are inconsistent with the proposal.

Sales Representative

Life Insurance underwritten by the Nationwide Life and Annuity Insurance Company, Columbus, Ohio.

Date

Date



Total Received on Surrender

- A. Guaranteed Cash Value
- **B.** Accumulated Value Less Surrender Charges
- **C.** Net Surrender Value = Cash Surrender Value minus LTC benefits, minus any amounts owed on your policy (Note: Cash Surrender Value = the greater of A or B)

End of Year	Ages	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value
1	55 55	9,037	2,314	9,037
2	56 56	16,222	4,690	16,222
3	57 57	23,674	7,126	23,674
4	58 58	31,400	9,620	31,400
5	59 59	39,411	12,169	39,411
6	60 60	47,717	14,770	47,717
7	61 61	56,328	17,419	56,328
8	62 62	65,254	20,310	65,254
9	63 63	74,506	23,292	74,506
10	64 64	84,094	26,362	84,094
11	65 65	87,183	26,311	87,183
12	66 66	90,372	25,202	90,372
13	67 67	93,662	24,016	93,662
14	68 68	97,054	22,743	97,054
15	69 69	100,549	21,372	100,549
16	70 70	104,145	19,891	104,145
17	71 71	107,840	18,282	107,840
18	72 72	111,630	16,527	111,630
19	73 73	115,509	14,615	115,509
20	74 74	119,472	12,530	119,472
21	75 75	123,509	10,259	123,509
22	76 76	127,610	7,784	127,610
23	77 77	131,766	5,087	131,766
24	78 78	135,963	2,148	135,963
25	79 79	140,186	0	140,186
26	80 80	144,410	0	144,410
27	81 81	148,613	0	148,613
28	82 82	152,776	0	152,776
29	83 83	156,886	0	156,886
30	84 84	160,920	0	160,920



Total Received on Surrender

- A. Guaranteed Cash Value
- **B.** Accumulated Value Less Surrender Charges
- C. Net Surrender Value = Cash Surrender Value minus LTC benefits, minus any amounts owed on your policy (Note: Cash Surrender Value = the greater of A or B)

End of Year	Ages	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value
31	85 85	164,822	0	164,822
32	86 86	168,558	0	168,558
33	87 87	172,120	0	172,120
34	88 88	175,479	0	175,479
35	89 89	178,610	0	178,610
36	90 90	181,502	0	181,502
37	91 91	184,159	0	184,159
38	92 92	186,594	0	186,594
39	93 93	188,826	0	188,826
40	94 94	190,891	0	190,891
41	95 95	192,842	0	192,842
42	96 96	194,679	0	194,679
43	97 97	196,368	0	196,368
44	98 98	197,902	0	197,902
45	99 99	199,268	0	199,268
46	100 100	200,446	0	200,446
47	101 101	201,460	0	201,460
48	102 102	202,366	0	202,366
49	103 103	203,175	0	203,175
50	104 104	203,905	0	203,905
51	105 105	204,583	0	204,583
52	106 106	205,264	0	205,264
53	107 107	205,970	0	205,970
54	108 108	206,653	0	206,653
55	109 109	207,314	0	207,314
56	110 110	207,954	0	207,954
57	111 111	208,577	0	208,577
58	112 112	209,183	0	209,183
59	113 113	209,775	0	209,775
60	114 114	210,355	0	210,355



Total Received on Surrender

- A. Guaranteed Cash Value
- **B.** Accumulated Value Less Surrender Charges
- **C.** Net Surrender Value = Cash Surrender Value minus LTC benefits, minus any amounts owed on your policy (Note: Cash Surrender Value = the greater of A or B)

End of Year	Ages	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value
61	115 115	210,930	0	210,930
62	116 116	211,505	0	211,505
63	117 117	212,091	0	212,091
64	118 118	212,716	0	212,716
65	119 119	213,483	0	213,483



IRC Section 7702 / 7702a

MEP:

\$9,652.91

NSP:

\$60,660.78

Modified Endowment Premium (MEP): As defined by the IRC Section 7702A, this premium represents the level annual premium required for seven years to mature the policy under guaranteed mortality charges at an annual interest rate of 3.75%.

Net Single Premium (NSP): This premium represents the single premium required to mature the policy under mortality charges, as defined in IRC Section 7702, at an annual interest rate of 3.75%.

Please see the proposal for further information on other important information and features.

Single Pay Equivalent for Nationwide Home Office use = \$165,313.02



Quick View

		All Values and Benefits are Guaranteed					
Maximum Number of Full Monthly LTC Benefit Payments	Inflation Protection Option	Specified Amount	Total Benefit** (Total LTC Benefit Plus Inflation) (Day 1)	Max Monthly LTC Benefit per Insured (Day 1)	Total Monthly [*] Benefit Per Insured (Older Insured age 80)	Total Benefit ^{**} (Total LTC Benefit Plus Inflation) (Older insured age 80)	Inflation Crossover Age of Older Insured ^{***}
48	None	\$495,906	\$661,208	\$13,775	\$13,775	\$661,208	
48	3% Compound for 20 years	\$313,636	\$437,378	\$8,712	\$15,735	\$755,281	71
48	3% Compound for life	\$262,765	\$366,437	\$7,299	\$15,283	\$767,237	77
48	5% Compound for life	\$141,161	\$202,808	\$3,921	\$13,278	\$686,779	81
72	None	\$433,528	\$867,056	\$12,042	\$12,042	\$867,056	
72	3% Compound for 20 years	\$280,314	\$604,396	\$7,787	\$14,063	\$1,012,558	70
72	3% Compound for life	\$232,686	\$501,703	\$6,464	\$13,533	\$1,050,454	77
72	5% Compound for life	\$120,247	\$272,637	\$3,340	\$11,311	\$923,246	82
96	None	\$402,289	\$1,072,770	\$11,175	\$11,175	\$1,072,770	
96	3% Compound for 20 years	\$261,025	\$773,707	\$7,251	\$13,096	\$1,257,173	70
96	3% Compound for life	\$216,000	\$640,248	\$6,000	\$12,563	\$1,340,538	77
96	5% Compound for life	\$108,598	\$345,672	\$3,017	\$10,215	\$1,170,569	82

- * To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.
- ** The amounts shown in this column are cumulative and assume LTC benefits begin to be paid for one insured in that policy year and continue for the maximum number of full monthly LTC benefit payments for this row.
- *** The Inflation Crossover Age of Older Insured is the age that the Total Monthly Benefit Per Insured is equal to or greater than the Max Monthly LTC Benefit Per Insured with no inflation added.



Scheduled Premium	The amount of Life Insurance Premium and LTC Premium required on the first day of the Premium Payment Frequency for the Premium Payment Period you selected. As long as the premium obligation is met and no loans or partial surrenders are taken, the quoted benefits are guaranteed. For any scheduled premium after the first, there will be a 61-day grace period after the date we mail the grace period notice in which to make the premium payment.
Specified Amount	An amount used to determine LTC benefits and the death benefits. It is also used to determine policy charges and deductions from the Accumulated Value. The Specified Amount is not always the same amount as the Net Death Benefit. Please refer to the Net Death Benefit description below or to the tabular detail.
Maximum number of full monthly LTC benefit payments	This represents the lifetime maximum number of full benefit payments that could be paid from the LTC Rider and LTC Extension of Benefits Rider if every payment is for the maximum monthly amount available by the terms of the riders. If both insureds are eligible for benefits at the same time, two LTC benefit payments can be made in the same month.
Lifetime maximum amount of LTC benefits payable	The available lifetime maximum LTC benefit amount is the maximum monthly LTC benefit dollar amount paid over the maximum number of full monthly LTC benefit payments you select at issue. Once all LTC benefits have been paid, no further LTC benefits will be available. However, the guaranteed minimum death benefit will be paid to beneficiaries on the death of the second insured. The lifetime maximum of LTC benefits and any death benefit will decrease if you choose to make changes to your policy, such as taking loans or partial surrenders from the policy or not paying scheduled premiums.
Inflation protection options	Nationwide CareMatters Together offers inflation protection options of 3% compounded annually for 20 years, 3% compounded annually for life, or 5% compounded annually for life. The monthly LTC Fixed Rate Inflation Protection Rider amount is in addition to the maximum monthly LTC Benefit amount provided by the LTC Rider or the LTC Extension of Benefits Rider, if elected.
Maximum Monthly LTC Benefit per Insured	The maximum monthly benefit available for each insured for whom a claim is being paid under the LTC Rider and LTC Extension of Benefits Rider
Maximum Monthly Inflation Rider Benefit per Insured	The full amount of the benefit available under the inflation protection option after the Maximum Monthly LTC Benefit is taken. This amount is in addition to the Maximum Monthly LTC Benefit per insured.



Total monthly benefit per Insured	The total benefit amount available every month per insured. If an inflation protection option is elected, the total monthly benefit payable per insured will be the Maximum Monthly LTC Benefit per insured plus the Maximum Monthly Inflation Benefit per Insured. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited.
Cash Value	The amount equal to the greater of the Accumulated Value of this policy or the Guaranteed Cash Value.
Total received on surrender	The greater of: 1. The guaranteed cash value OR 2. The accumulated value minus surrender charges Minus any policy indebtedness, unpaid charges and LTC benefits paid.
Net Death Benefit	The death benefit amount that will be paid to your beneficiary if the insured dies while the policy is in force. This amount is net of any outstanding policy indebtedness and LTC benefits paid. The Net Death Benefit may be higher in some years based on the Specified Amount, Accumulated Value, Guaranteed Cash Value and IRC 7702 corridor factors.
Guaranteed minimum death benefit	We guarantee we will pay your beneficiaries a death benefit of 10% of the Specified Amount, adjusted for any indebtedness.
Waiver of Premium	For all payment options, life and LTC premiums will be waived while LTC benefits are being paid. If the insured recovers, the policy owner will need to resume the scheduled premium.
Reduced paid-up benefit	If a lapse occurs prior to an LTC claim due to failure to pay scheduled premium, the policy will be converted to a paid-up policy in which the Specified Amount is reduced based on the percentage of the total required premium that has been paid.



Qualification for LTC benefits	 To be considered a "chronically ill individual", a licensed health care practitioner must certify within the preceding 12-month period that the insured: Is unable to perform, without substantial assistance from another person, at least 2 activities of daily living (bathing, getting dressed, eating, continence, toileting, transferring) due to a loss of functional capacity for a period of at least 90 days OR Requires substantial supervision to protect the insured from threats to health and safety due to severe cognitive impairment Services that meet the requirements of §7702(B)(c)(1) of the Internal Revenue Code of 1986, as amended, as follows: necessary diagnostic, preventive, therapeutic, curative, treatment, mitigation and rehabilitative services, and Maintenance or Personal Care Services which are required by a Chronically Ill individual, and are provided pursuant to a Plan of Care prescribed by a Licensed Health Care Practitioner Before benefits begin, the insured must satisfy a 90-calendar-day elimination period. Each insured will have their own elimination period. Upon meeting the elimination period, it is satisfied for life of the policy in the event you have more than one LTC claim.
Qualification for LTC benefits continued	 The LTC claim must be recertified at least every 12 months but may be sooner based on the insured's recoverability or condition. Exclusions Intentionally self-inflicted injuries or attempts at suicide (either while sane or insane) Committing or attempting to commit a felony Alcoholism or drug addiction, unless addiction results from administration of drugs for treatment prescribed by a Physician War or any act of war, whether declared or undeclared Preexisting conditions limitations A preexisting condition is any condition for which the Insured received medical advice, or treatment was recommended by, or received from, a health care services provider in the 6 months preceding the Policy Date. We will not pay benefits for Qualified Long-Term Care Services received wholly or in part due to a preexisting condition which is not disclosed in the application if the need for services begins during the first 6 months after the Policy Date.



Tax Qualification	CareMatters Together is designed to qualify as life insurance under laws of the United States of America, including the Internal Revenue Code of 1986, as amended. This policy is also intended to be federally tax qualified under section 7702B(b) of the Internal Revenue Code of 1986, as amended. Tax treatment for citizens of, and US residents subject to taxation in, foreign countries may be different. Neither Nationwide nor its representatives give legal or tax advice. Please consult with your attorney or tax advisor for answers to your specific tax questions.
International benefits	For international claims, 100% of the maximum monthly LTC Rider benefit and 100% of any LTC Inflation Protection Rider benefit are available while benefits are paid under the LTC Rider. No LTC benefits are payable under the LTC Extension of Benefits Rider or any LTC Inflation Protection Rider benefit associated with it. LTC Extension of Benefits Rider payment availability will resume if the insured returns to the U.S. and the available total LTC benefit has not been exhausted.
LTC Rider	(Form ICC21-NWLA-616) This rider provides LTC benefits as an acceleration of the death benefit.
LTC Extension of Benefits Rider	(Form ICC21-NWLA-617) This rider that provides benefits once the benefits provided by the LTC rider are exhausted. Note: The issuance of the Long-Term Care Rider ("LTC Rider") and Long- Term Care Extension of Benefits Rider ("LTCEB Rider") (together, "Riders") described in this outline is based upon your responses to the questions on your application.
LTC Fixed Rate Inflation Protection Rider	(Form ICC21-NWLA-618) This rider provides for a monthly inflation protection benefit. Note: The issuance of the Long-Term Care Fixed Inflation Protection Rider is based upon your responses to the questions on your application.
Renewal and Termination	The policy this rider is attached to is noncancelable. This means that the policyowner has the right, subject to the terms of your policy, to continue the policy, provided they pay the scheduled premium on time. Nationwide cannot change any of the terms of the policy on its own and cannot change the scheduled premium. Election of the LTC Rider and LTCEB Rider is irrevocable. Termination of the riders will result in the automatic termination of the policy. The Riders will also terminate upon termination of the Policy or the date of the second Insured's death.



All guarantees and benefits of the insurance policy are backed by the claims-paying ability of the issuing insurance company. Policy guarantees and benefits are not backed by the broker/dealer and/or insurance agency selling the policy, nor by any of their affiliates, and none of them make any representations or guarantees regarding the claims-paying ability of the issuing insurance company.

Nationwide CareMatters Together is a cash indemnity product that pays LTC benefits when one or both of the insured persons are certified to have a qualifying condition and a need for LTC services. Bills and receipts showing actual expenses do not have to be submitted for payment of benefits once a claim has been approved. Each year, the policyowner can receive, tax free, the greater of the HIPAA per diem amount or actual LTC costs incurred. However, benefits may be taxable under certain circumstances. You should consult with your tax and legal advisors about your specific situation.

Keep in mind that the payment of Long-Term Care Rider benefits, as an acceleration of the death benefit, will reduce both the death benefit and net surrender value of the policy. Additionally, loans and withdrawals will also reduce both the net surrender value and the death benefit. Care should be taken to make sure that life insurance needs continue to be met even if the rider pays out in full or after money is taken from the policy. There is no guarantee that the rider will cover the entire cost for all of the insureds' long-term care, as this may vary with the needs of each insured. One of the insureds may exhaust the entire long-term care benefit. Nationwide pays the long-term care benefit to the policyowner; there is no guarantee the policyowner will use the benefit for long-term care expenses if the policy is owned by someone other than the insured.

The policy this rider is attached to is noncancelable. This means that the policyowner has the right, subject to the terms of your policy, to continue the policy, provided they pay the scheduled premium on time. Nationwide cannot change any of the terms of the policy on its own and cannot change the scheduled premium.

When choosing a product, make sure that life insurance and long-term care insurance needs are met. CareMatters Together is not intended to be a primary source of life insurance protection, so make sure life insurance needs have been covered by appropriate products. Because personal situations may change (e.g., marriage, birth of a child or job promotion), so can life insurance and long-term care insurance needs. Care should be taken to ensure these strategies and products are suitable. Associated costs, as well as personal and financial objectives, time horizons and risk tolerance, should all be weighed before purchasing CareMatters Together. Life insurance, and long-term care coverage linked to life insurance, may have fees and charges associated with it that include the costs of insurance, which vary based on characteristics of each insured such as sex, tobacco use, health and age, and additional charges for riders that customize a policy to fit individual needs.

CareMatters Together has exclusions, limitations, reductions of benefits and terms under which the product may be continued in force or discontinued. For more details on cost and coverage options, contact your financial professional.

Approval for coverage under the policy and riders is subject to underwriting and may require a medical exam.

Nationwide CareMatters Together may not be available in every state. Please contact Nationwide to determine product availability in your state.

Products are issued by Nationwide Life and Annuity Insurance Company, Columbus, Ohio

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