

Nationwide Life and Annuity Insurance Company One Nationwide Plaza Columbus, OH 43215-2221

Nationwide CareMatters Togethersm

Life insurance for two with cash indemnity long-term care benefits

Prepared for: William Smith

Mary Smith

Prepared on: June 17, 2023

Life Insurance Producer:

Jack Lenenberg LTC Partner 312 Maxwell Rd.

Suite 400 Alpharetta, GA 30009

Phone: 800-891-5824 Fax: 770-753-3939

The insurance professional or company may contact you in response to your request for additional information.

The information contained herein was prepared to support the promotion, marketing, and/or sale of life insurance contracts, annuity contracts and/or other products and services provided by Nationwide Life and Annuity Insurance Company.

• Not a deposit • Not FDIC or NCUSIF insured • Not guaranteed by the institution • Not insured by any federal government agency • May lose value

Rely on Nationwide® to be here for you

We work hard to help you protect what matters today and prepare you for what comes tomorrow. In fact, we've been helping members protect what's important since 1926 and **providing long-term care solutions for nearly 25 years.** We run our business to make sure we'll be here to protect you whenever you need us.

Nearly
100
years as a mutual company

Helping members protect what's important since

1926

long-term care solutions
since 1999



received: 10/17/02 affirmed: 12/22/21¹



received: 3/10/09 affirmed: 5/27/201



received: 12/22/08 affirmed: 4/19/22¹

FORTUNE

100 Best

Workplaces for
Diversity²

We are a FORTUNE 100 company³

FORTUNE

100 Best

Companies to

Work For⁴

¹ These ratings and rankings reflect rating agency assessment of the financial strength and claims-paying ability of Nationwide Life Insurance Company and Nationwide Life and Annuity Insurance Company. They are not intended to reflect the investment experience or financial strength of any variable account, which is subject to market risk. Because the dates are updated only when there's a change in the rating, the dates above reflect the most recent ratings we have received. They are subject to change at any time.

² "The 100 Best Workplaces for Diversity," fortune.com/best-workplaces-for-diversity/2019/search/ (2019).

³ Based on revenue, Fortune magazine (June 2021).

^{4 &}quot;100 Best Companies to Work For," greatplacetowork.com/best-workplaces/100-best/2022 (2022).



Your policy highlights

William Smith

Mary Smith

(Male, 55 Preferred Nontobacco, Illinois)

(Female, 55 Preferred Nontobacco, Illinois)

This policy covers a wide range of long-term care (LTC) services and pays the monthly benefit directly to you, the policyowner. Nationwide CareMatters TogetherSM was designed to put you in control of your future long-term care choices.

Please review the enclosed information with your insurance professional to determine whether Nationwide CareMatters Together is right for you.

Guaranteed premium	Annual Planned Premium: \$10,340.07
Premium payment period	Pay to Age 100 of older insured
Maximum monthly LTC benefit	Day 1: \$6,000
	Older insured age 80: \$12,563
Total LTC benefit	Day 1: \$640,248
	Older insured age 80: \$1,340,538
Maximum number of full monthly LTC benefit	96 payments
payments	No further LTC benefits are paid after all full monthly LTC benefit payments have been made.
Inflation protection option	3% Compound for life
Specified amount	\$216,000.00
(amount accelerated for long-term care)	Note: The Net Death Benefit may be higher in some years. See Net Death Benefit column of the Tabular Detail.
Guaranteed minimum death benefit	\$21,600.00
Is Sales Proposal a MEC? ⁵	No

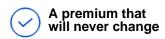
LTC benefits will never go down unless you choose to make changes to your policy, such as taking loans or partial surrenders from the policy or not paying scheduled premiums.

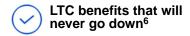
⁵ LTC benefits paid from a MEC policy receive the same tax advantages as LTC benefits paid from a non-MEC policy. These LTC benefits are tax free subject to Internal Revenue Code limits

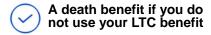


The benefits of your linked-benefit policy

Linked-benefit policies guarantee:







What helps set apart CareMatters Together

- Cost-effective coverage for two people, with a flexible shared pool of benefits
- Cash indemnity:
 - Clients may elect to receive up to 100% of their available monthly cash benefit
 - · There's no need to submit monthly bills or receipts once the claim has been approved
 - 100% of the benefits can be used to pay for informal care⁷
 - Nationwide places no restrictions on how the benefit is used
- Upon completion of the elimination period, benefits for the first 90 days will be paid retroactively along with benefits for month 4
- A guaranteed death benefit even if all LTC benefits have been paid
- International benefits (see key terms and definitions for details)
- Potential tax advantages because of separately identifiable LTC and life insurance premiums

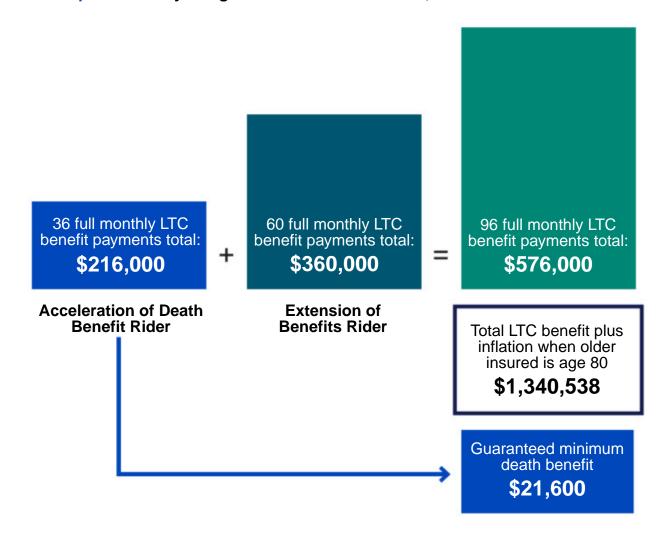
⁶ LTC benefits paid from a MEC policy receive the same tax advantages as LTC benefits paid from a non-MEC policy. These LTC benefits are tax free subject to Internal Revenue Code limits.

⁷ The plan of care provided by a U.S.-licensed health care provider must state that informal care is appropriate.



How CareMatters Together works

Guaranteed premium: Pay to Age 100 of older insured \$10,340



Monthly LTC Benefit day 1 of \$6,000 and \$12,563 when older insured is age 80

Upon completion of the elimination period, benefits for the first 90 days will be paid retroactively along with benefits for month 4.

For example, at age 80 of the older insured, the first benefit payment received after completion of the 90-calendar-day elimination period will total \$50,251 (which is **4 x \$12,563**) because of the retroactive payment.

This scenario assumes that all premiums have been paid; no loans, partial surrenders or LTC benefits have been taken; and the full monthly LTC benefit is paid.



Your policy guarantees

Guaranteed premium: Pay to Age 100 of older insured \$10,340



A \$6,000 total monthly LTC benefit per insured benefit in year 1

A \$12,563 total monthly LTC benefit per insured, when the older insured is age 80



A \$216,000 guaranteed death benefit if neither of you ever need care

A guaranteed minimum death benefit of \$21,600, even if you use 100% of your LTC benefits



Year 20: \$85,699 total received on surrender

Year 30: \$142,413 total received on surrender



Year 15: \$3,025.18 monthly LTC benefit per insured \$322,810.95 total LTC benefit

Year 25: \$6,775.98 monthly LTC benefit per insured \$723,051.53 total LTC benefit

All these numbers represent end-of-the-year values and assume you've continued to pay your premium as scheduled and haven't taken any loans or partial surrenders.



Prepared For: William Smith // Male/55/Preferred Non-Tobacco Prepared For: Mary Smith // Female/55/Preferred Non-Tobacco Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life Premium Payment Period: Pay to Age 100 of older insured

Scheduled Premium: \$10,340.07 Annual

Separately identifiable LTC and life insurance premiums

Annual Planned Premium: \$10,340

The scheduled premium breaks down as follows:

Life insurance premium: \$2,744.72 LTC premium William Smith: \$2,846.71 LTC premium Mary Smith: \$4,748.64



Prepared For: William Smith // Male/55/Preferred Non-Tobacco Prepared For: Mary Smith // Female/55/Preferred Non-Tobacco

Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00 Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life Premium Payment Period: Pay to Age 100 of older insured

Scheduled Premium: \$10,340.07 Annual

Tabular Detail

							nd Benefits Guar ed 1.00% Interest			
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
1	55 55	10,340	5,100	5,100	216,000	576,000	6,000	0	6,000	640,248
2	56 56	10,340	8,201	8,201	216,000	576,000	6,000	180	6,180	659,456
3	57 57	10,340	11,414	11,414	216,000	576,000	6,000	365	6,365	679,239
4	58 58	10,340	14,743	14,743	216,000	576,000	6,000	556	6,556	699,616
5	59 59	10,340	18,191	18,191	216,000	576,000	6,000	753	6,753	720,605
Total		51,700								
6	60 60	10,340	21,761	21,761	216,000	576,000	6,000	956	6,956	742,223
7	61 61	10,340	25,458	25,458	216,000	576,000	6,000	1,164	7,164	764,490
8	62 62	10,340	29,282	29,282	216,000	576,000	6,000	1,379	7,379	787,425
9	63 63	10,340	33,237	33,237	216,000	576,000	6,000	1,601	7,601	811,047
10	64 64	10,340	37,325	37,325	216,000	576,000	6,000	1,829	7,829	835,379
Total		103,401								
11	65 65	10,340	41,549	41,549	216,000	576,000	6,000	2,063	8,063	860,440
12	66 66	10,340	45,909	45,909	216,000	576,000	6,000	2,305	8,305	886,253
13	67 67	10,340	50,407	50,407	216,000	576,000	6,000	2,555	8,555	912,841
14	68 68	10,340	55,045	55,045	216,000	576,000	6,000	2,811	8,811	940,226
15	69 69	10,340	59,823	59,823	216,000	576,000	6,000	3,076	9,076	968,433
Total		155,101								
16	70 70	10,340	64,740	64,740	216,000	576,000	6,000	3,348	9,348	997,486
17	71 71	10,340	69,792	69,792	216,000	576,000	6,000	3,628	9,628	1,027,410
18	72 72	10,340	74,975	74,975	216,000	576,000	6,000	3,917	9,917	1,058,233
19	73 73	10,340	80,280	80,280	216,000	576,000	6,000	4,215	10,215	1,089,980
20	74 74	10,340	85,699	85,699	216,000	576,000	6,000	4,521	10,521	1,122,679
Total		206,801								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

*To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.

^{**}The amounts shown in this column are cumulative and assume LTC benefits begin to be paid for one insured in that policy year and continue for the 96 maximum full monthly LTC benefit payments you elected. For example, if a claim starts at the beginning of policy year 11, the total benefit, \$860,440, is what will be paid over the 96 payments.



Prepared For: William Smith // Male/55/Preferred Non-Tobacco Prepared For: Mary Smith // Female/55/Preferred Non-Tobacco

Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00 Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life Premium Payment Period: Pay to Age 100 of older insured

Scheduled Premium: \$10,340.07 Annual

Tabular Detail

			All Values and Benefits Guaranteed Guaranteed 1.00% Interest Rate							
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
21	75 75	10,340	91,219	91,219	216,000	576,000	6,000	4,837	10,837	1,156,359
22	76 76	10,340	96,829	96,829	216,000	576,000	6,000	5,162	11,162	1,191,050
23	77 77	10,340	102,513	102,513	216,000	576,000	6,000	5,497	11,497	1,226,782
24	78 78	10,340	108,254	108,254	216,000	576,000	6,000	5,842	11,842	1,263,585
25	79 79	10,340	114,030	114,030	216,000	576,000	6,000	6,197	12,197	1,301,493
Total		258,502								
26	80 80	10,340	119,810	119,810	216,000	576,000	6,000	6,563	12,563	1,340,538
27	81 81	10,340	125,561	125,561	216,000	576,000	6,000	6,940	12,940	1,380,754
28	82 82	10,340	131,260	131,260	216,000	576,000	6,000	7,328	13,328	1,422,176
29	83 83	10,340	136,888	136,888	216,000	576,000	6,000	7,728	13,728	1,464,842
30	84 84	10,340	142,413	142,413	216,000	576,000	6,000	8,139	14,139	1,508,787
Total		310,202								
31	85 85	10,340	147,763	147,763	216,000	576,000	6,000	8,564	14,564	1,554,050
32	86 86	10,340	152,889	152,889	216,000	576,000	6,000	9,000	15,000	1,600,672
33	87 87	10,340	157,783	157,783	216,000	576,000	6,000	9,450	15,450	1,648,692
34	88 88	10,340	162,406	162,406	216,000	576,000	6,000	9,914	15,914	1,698,153
35	89 89	10,340	166,728	166,728	216,000	576,000	6,000	10,391	16,391	1,749,097
Total		361,902								
36	90 90	10,340	170,738	170,738	216,000	576,000	6,000	10,883	16,883	1,801,570
37	91 91	10,340	174,445	174,445	216,000	576,000	6,000	11,390	17,390	1,855,617
38	92 92	10,340	177,878	177,878	216,000	576,000	6,000	11,911	17,911	1,911,286
39	93 93	10,340	181,071	181,071	216,000	576,000	6,000	12,449	18,449	1,968,625
40	94 94	10,340	184,092	184,092	216,000	576,000	6,000	13,002	19,002	2,027,683
Total		413,603								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

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^{**}The amounts shown in this column are cumulative and assume LTC benefits begin to be paid for one insured in that policy year and continue for the 96 maximum full monthly LTC benefit payments you elected. For example, if a claim starts at the beginning of policy year 11, the total benefit, \$860,440, is what will be paid over the 96 payments.



Prepared For: William Smith // Male/55/Preferred Non-Tobacco Prepared For: Mary Smith // Female/55/Preferred Non-Tobacco

Specified Amount: \$216,000.00

Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life
Premium Payment Period: Pay to Age 100 of older insured
Scheduled Premium: \$10,340.07 Annual

Tabular Detail

			All Values and Benefits Guaranteed Guaranteed 1.00% Interest Rate							
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
41	95 95	10,340	187,040	187,040	216,000	576,000	6,000	13,572	19,572	2,088,514
42	96 96	10,340	189,957	189,957	216,000	576,000	6,000	14,159	20,159	2,151,169
43	97 97	10,340	192,872	192,872	216,000	576,000	6,000	14,764	20,764	2,215,704
44	98 98	10,340	195,906	195,906	216,000	576,000	6,000	15,387	21,387	2,282,175
45	99 99	10,340	199,268	199,268	216,000	576,000	6,000	16,029	22,029	2,350,641
Total		465,303								
46	100 100	0	200,446	200,446	216,000	576,000	6,000	16,690	22,690	2,421,160
47	101 101	0	201,460	201,460	216,000	576,000	6,000	17,370	23,370	2,493,795
48	102 102	0	202,366	202,366	216,000	576,000	6,000	18,071	24,071	2,568,609
49	103 103	0	203,175	203,175	216,000	576,000	6,000	18,794	24,794	2,645,667
50	104 104	0	203,905	203,905	216,000	576,000	6,000	19,537	25,537	2,725,037
Total		465,303								
51	105 105	0	204,583	204,583	216,000	576,000	6,000	20,303	26,303	2,806,788
52	106 106	0	205,264	205,264	216,000	576,000	6,000	21,093	27,093	2,890,992
53	107 107	0	205,970	205,970	216,000	576,000	6,000	21,905	27,905	2,977,721
54	108 108	0	206,653	206,653	216,000	576,000	6,000	22,742	28,742	3,067,053
55	109 109	0	207,314	207,314	216,000	576,000	6,000	23,605	29,605	3,159,065
Total		465,303								
56	110 110	0	207,954	207,954	216,000	576,000	6,000	24,493	30,493	3,253,836
57	111 111	0	208,577	208,577	216,000	576,000	6,000	25,408	31,408	3,351,452
58	112 112	0	209,183	209,183	216,000	576,000	6,000	26,350	32,350	3,451,995
59	113 113	0	209,775	209,775	216,000	576,000	6,000	27,320	33,320	3,555,555
60	114 114	0	210,355	210,355	216,000	576,000	6,000	28,320	34,320	3,662,222
Total		465,303								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

*To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.

^{**}The amounts shown in this column are cumulative and assume LTC benefits begin to be paid for one insured in that policy year and continue for the 96 maximum full monthly LTC benefit payments you elected. For example, if a claim starts at the beginning of policy year 11, the total benefit, \$860,440, is what will be paid over the 96 payments.



Prepared For: William Smith // Male/55/Preferred Non-Tobacco Prepared For: Mary Smith // Female/55/Preferred Non-Tobacco

Specified Amount: \$216,000.00

Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life
Premium Payment Period: Pay to Age 100 of older insured
Scheduled Premium: \$10,340.07 Annual

Tabular Detail

							nd Benefits Gua ed 1.00% Interest			
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
61	115 115	0	210,930	210,930	216,000	576,000	6,000	29,350	35,350	3,772,088
62	116 116	0	211,505	211,505	216,000	576,000	6,000	30,410	36,410	3,885,251
63	117 117	0	212,091	212,091	216,000	576,000	6,000	31,502	37,502	4,001,808
64	118 118	0	212,716	212,716	216,000	576,000	6,000	32,627	38,627	4,121,863
65	119 119	0	213,483	213,483	216,000	576,000	6,000	33,786	39,786	4,245,519
Total		465,303								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

*To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.

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Input Summary - Ledger Case File: [Untitled]

Screen: I	nsured
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Revised Illustration? No 2nd Insured Sex Female Issue State IL 1st Insured Issue Age or D.O.B. 55 (mm/dd/yyyy) 1st Insured First Name William 2nd Insured Issue Age or D.O.B. 55 2nd Insured First Name Mary (mm/dd/yyyy)

1st Insured Last NameSmith1st Insured Risk ClassPreferred Nontobacco2nd Insured Last NameSmith2nd Insured Risk ClassPreferred Nontobacco1st Insured SexMale

Screen: Face Amount and Premium

Specify Premium or Benefit Monthly LTC Benefit Maximum number of full monthly 96

Premium or Benefit Amount 6000 LTC benefit payments

Scheduled Premium Pay to Age 100 of Older Insured Inflation Benefit Option 3% Compound for life

Premium Mode Annual 1035 Exchange? No

Screen: Interest Rate and Income

Guaranteed Rate

Year to Begin Scheduled Premium

Screen: Output Design

General Ledger Yes Premium Summary Yes
Annual Cost Summary No OCC Report No
Display IRR Column No Monthly Cost Summary No
Quick View Yes



Prepared For: William Smith // Male/55/Preferred Non-Tobacco

Prepared For: William Smith // Female/55/Preferred Non-Tobacco Specified Amount: \$216,000.00

Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life
Premium Payment Period: Pay to Age 100 of older insured
Scheduled Premium: \$10,340.07 Annual

Signature Page

I have received a copy of this proposal. I also understand this propolicy constitute the actual agreement of coverage.	oposal is not a contract and that the terms of the
Applicant/Policy Owner	Date
I certify that this proposal has been presented to the applicant. I inconsistent with the proposal.	have made no representations that are
Sales Representative	Date

Life Insurance underwritten by the Nationwide Life and Annuity Insurance Company, Columbus, Ohio.



Prepared For: William Smith // Male/55/Preferred Non-Tobacco Prepared For: Mary Smith // Female/55/Preferred Non-Tobacco Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life Premium Payment Period: Pay to Age 100 of older insured

Scheduled Premium: \$10,340.07 Annual

Total Received on Surrender

A. Guaranteed Cash Value

B. Accumulated Value Less Surrender Charges

C. Net Surrender Value = Cash Surrender Value minus LTC benefits, minus any amounts owed on your policy (Note: Cash Surrender Value = the greater of A or B)

End of Year	Ages	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value
1	55 55	5,100	830	5,100
2	56 56	8,201	1,684	8,201
3	57 57	11,414	2,558	11,414
4	58 58	14,743	3,448	14,743
5	59 59	18,191	4,350	18,191
6	60 60	21,761	5,258	21,761
7	61 61	25,458	6,165	25,458
8	62 62	29,282	7,173	29,282
9	63 63	33,237	8,190	33,237
10	64 64	37,325	9,209	37,325
11	65 65	41,549	10,520	41,549
12	66 66	45,909	11,210	45,909
13	67 67	50,407	11,816	50,407
14	68 68	55,045	12,327	55,045
15	69 69	59,823	12,728	59,823
16	70 70	64,740	13,003	64,740
17	71 71	69,792	13,128	69,792
18	72 72	74,975	13,080	74,975
19	73 73	80,280	12,843	80,280
20	74 74	85,699	12,397	85,699
21	75 75	91,219	11,723	91,219
22	76 76	96,829	10,801	96,829
23	77 77	102,513	9,605	102,513
24	78 78	108,254	8,110	108,254
25	79 79	114,030	6,297	114,030
26	80 80	119,810	4,129	119,810
27	81 81	125,561	1,574	125,561
28	82 82	131,260	0	131,260
29	83 83	136,888	0	136,888
30	84 84	142,413	0	142,413



Prepared For: William Smith // Male/55/Preferred Non-Tobacco Prepared For: Mary Smith // Female/55/Preferred Non-Tobacco Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life Premium Payment Period: Pay to Age 100 of older insured

Scheduled Premium: \$10,340.07 Annual

Total Received on Surrender

A. Guaranteed Cash Value

B. Accumulated Value Less Surrender Charges

C. Net Surrender Value = Cash Surrender Value minus LTC benefits, minus any amounts owed on your policy (Note: Cash Surrender Value = the greater of A or B)

End of Year	Ages	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value
31	85 85	147,763	0	147,763
32	86 86	152,889	0	152,889
33	87 87	157,783	0	157,783
34	88 88	162,406	0	162,406
35	89 89	166,728	0	166,728
36	90 90	170,738	0	170,738
37	91 91	174,445	0	174,445
38	92 92	177,878	0	177,878
39	93 93	181,071	0	181,071
40	94 94	184,092	0	184,092
41	95 95	187,040	0	187,040
42	96 96	189,957	0	189,957
43	97 97	192,872	0	192,872
44	98 98	195,906	0	195,906
45	99 99	199,268	0	199,268
46	100 100	200,446	0	200,446
47	101 101	201,460	0	201,460
48	102 102	202,366	0	202,366
49	103 103	203,175	0	203,175
50	104 104	203,905	0	203,905
51	105 105	204,583	0	204,583
52	106 106	205,264	0	205,264
53	107 107	205,970	0	205,970
54	108 108	206,653	0	206,653
55	109 109	207,314	0	207,314
56	110 110	207,954	0	207,954
57	111 111	208,577	0	208,577
58	112 112	209,183	0	209,183
59	113 113	209,775	0	209,775
60	114 114	210,355	0	210,355



Prepared For: William Smith // Male/55/Preferred Non-Tobacco Prepared For: Mary Smith // Female/55/Preferred Non-Tobacco Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00

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Total Received on Surrender

A. Guaranteed Cash Value

B. Accumulated Value Less Surrender Charges

C. Net Surrender Value = Cash Surrender Value minus LTC benefits, minus any amounts owed on your policy (Note: Cash Surrender Value = the greater of A or B)

End of Year	Ages	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value
61	115 115	210,930	0	210,930
62	116 116	211,505	0	211,505
63	117 117	212,091	0	212,091
64	118 118	212,716	0	212,716
65	119 119	213,483	0	213,483



Prepared For: William Smith // Male/55/Preferred Non-Tobacco Prepared For: Mary Smith // Female/55/Preferred Non-Tobacco Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life Premium Payment Period: Pay to Age 100 of older insured

Scheduled Premium: \$10,340.07 Annual

IRC Section 7702 / 7702a

MEP: \$9,652.91

NSP: \$60,660.78

Modified Endowment Premium (MEP): As defined by the IRC Section 7702A, this premium represents the level annual premium required for seven years to mature the policy under guaranteed mortality charges at an annual interest rate of 3.75%.

Net Single Premium (NSP): This premium represents the single premium required to mature the policy under mortality charges, as defined in IRC Section 7702, at an annual interest rate of 3.75%.

Please see the proposal for further information on other important information and features.



Prepared For: William Smith // Male/55/Preferred Non-Tobacco Prepared For: Mary Smith // Female/55/Preferred Non-Tobacco

Specified Amount: \$216,000.00

Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life Premium Payment Period: Pay to Age 100 of older insured

Scheduled Premium: \$10,340.07 Annual

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			All Va	alues and Bene	fits are Guara	nteed	
Maximum Number of Full Monthly LTC Benefit Payments	Inflation Protection Option	Specified Amount	Total Benefit** (Total LTC Benefit Plus Inflation) (Day 1)	Max Monthly LTC Benefit per Insured (Day 1)	Total Monthly [*] Benefit Per Insured (Older Insured age 80)	Total Benefit** (Total LTC Benefit Plus Inflation) (Older insured age 80)	Inflation Crossover Age of Older Insured***
48	None	\$463,193	\$617,591	\$12,866	\$12,866	\$617,591	
	3% Compound for 20 years	\$313,609	\$437,341	\$8,711	\$15,734	\$755,218	69
_	3% Compound for life	\$261,011	\$363,991	\$7,250	\$15,181	\$762,116	75
	5% Compound for life	\$148,645	\$213,560	\$4,129	\$13,982	\$723,190	79
72	None	\$414,078	\$828,157	\$11,502	\$11,502	\$828,157	
72	3% Compound for 20 years	\$281,895	\$607,804	\$7,830	\$14,143	\$1,018,268	69
72	3% Compound for life	\$232,265	\$500,795	\$6,452	\$13,509	\$1,048,554	75
72	5% Compound for life	\$128,338	\$290,981	\$3,565	\$12,072	\$985,365	80
96	None	\$387,868	\$1,034,316	\$10,774	\$10,774	\$1,034,316	
96	3% Compound for 20 years	\$263,143	\$779,984	\$7,310	\$13,202	\$1,267,373	69
96	3% Compound for life	\$216,000	\$640,248	\$6,000	\$12,563	\$1,340,538	75
96	5% Compound for life	\$117,037	\$372,533	\$3,251	\$11,009	\$1,261,530	80

To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.

The amounts shown in this column are cumulative and assume LTC benefits begin to be paid for one insured in that policy year and continue for the maximum number of full monthly LTC benefit payments for this row.

The Inflation Crossover Age of Older Insured is the age that the Total Monthly Benefit Per Insured is equal to or greater than the Max Monthly LTC Benefit Per Insured with no inflation added.



Key terms and definitions

Scheduled Premium	The amount of Life Insurance Premium and LTC Premium required on the first day of the Premium Payment Frequency for the Premium Payment Period you selected. As long as the premium obligation is met and no loans or partial surrenders are taken, the quoted benefits are guaranteed. For any scheduled premium after the first, there will be a 61-day grace period after the date we mail the grace period notice in which to make the premium payment.
Specified Amount	An amount used to determine LTC benefits and the death benefits. It is also used to determine policy charges and deductions from the Accumulated Value. The Specified Amount is not always the same amount as the Net Death Benefit. Please refer to the Net Death Benefit description below or to the tabular detail.
Maximum number of full monthly LTC benefit payments	This represents the lifetime maximum number of full benefit payments that could be paid from the LTC Rider and LTC Extension of Benefits Rider if every payment is for the maximum monthly amount available by the terms of the riders. If both insureds are eligible for benefits at the same time, two LTC benefit payments can be made in the same month.
Lifetime maximum amount of LTC benefits payable	The available lifetime maximum LTC benefit amount is the maximum monthly LTC benefit dollar amount paid over the maximum number of full monthly LTC benefit payments you select at issue. Once all LTC benefits have been paid, no further LTC benefits will be available. However, the guaranteed minimum death benefit will be paid to beneficiaries on the death of the second insured. The lifetime maximum of LTC benefits and any death benefit will decrease if you choose to make changes to your policy, such as taking loans or partial surrenders from the policy or not paying scheduled premiums.
Inflation protection options	Nationwide CareMatters Together offers inflation protection options of 3% compounded annually for 20 years, 3% compounded annually for life, or 5% compounded annually for life. The monthly LTC Fixed Rate Inflation Protection Rider amount is in addition to the maximum monthly LTC Benefit amount provided by the LTC Rider or the LTC Extension of Benefits Rider, if elected.
Maximum Monthly LTC Benefit per Insured	The maximum monthly benefit available for each insured for whom a claim is being paid under the LTC Rider and LTC Extension of Benefits Rider
Maximum Monthly Inflation Rider Benefit per Insured	The full amount of the benefit available under the inflation protection option after the Maximum Monthly LTC Benefit is taken. This amount is in addition to the Maximum Monthly LTC Benefit per insured.

Key terms and definitions

Total monthly benefit per Insured	The total benefit amount available every month per insured. If an inflation protection option is elected, the total monthly benefit payable per insured will be the Maximum Monthly LTC Benefit per insured plus the Maximum Monthly Inflation Benefit per Insured. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited.
Cash Value	The amount equal to the greater of the Accumulated Value of this policy or the Guaranteed Cash Value.
Total received on surrender	The greater of: 1. The guaranteed cash value OR 2. The accumulated value minus surrender charges Minus any policy indebtedness, unpaid charges and LTC benefits paid.
Net Death Benefit	The death benefit amount that will be paid to your beneficiary if the insured dies while the policy is in force. This amount is net of any outstanding policy indebtedness and LTC benefits paid. The Net Death Benefit may be higher in some years based on the Specified Amount, Accumulated Value, Guaranteed Cash Value and IRC 7702 corridor factors.
Guaranteed minimum death benefit	We guarantee we will pay your beneficiaries a death benefit of 10% of the Specified Amount, adjusted for any indebtedness.
Waiver of Premium	For all payment options, life and LTC premiums will be waived while LTC benefits are being paid. If the insured recovers, the policy owner will need to resume the scheduled premium.
Reduced paid-up benefit	If a lapse occurs prior to an LTC claim due to failure to pay scheduled premium, the policy will be converted to a paid-up policy in which the Specified Amount is reduced based on the percentage of the total required premium that has been paid.

Key terms and definitions

Qualification for LTC benefits

To be considered a "chronically ill individual", a licensed health care practitioner must certify within the preceding 12-month period that the insured:

- Is unable to perform, without substantial assistance from another person, at least 2 activities of daily living (bathing, getting dressed, eating, continence, toileting, transferring) due to a loss of functional capacity for a period of at least 90 days OR
- Requires substantial supervision to protect the insured from threats to health and safety due to severe cognitive impairment
- Services that meet the requirements of §7702(B)(c)(1) of the Internal Revenue Code of 1986, as amended, as follows: necessary diagnostic, preventive, therapeutic, curative, treatment, mitigation and rehabilitative services, and Maintenance or Personal Care Services which are required by a Chronically III individual, and are provided pursuant to a Plan of Care prescribed by a Licensed Health Care Practitioner

Before benefits begin, the insured must satisfy a 90-calendar-day elimination period. Each insured will have their own elimination period. Upon meeting the elimination period, it is satisfied for life of the policy in the event you have more than one LTC claim.

Qualification for LTC benefits continued

The LTC claim must be recertified at least every 12 months but may be sooner based on the insured's recoverability or condition.

Exclusions

- 1. Intentionally self-inflicted injuries or attempts at suicide (either while sane or insane)
- 2. Committing or attempting to commit a felony
- 3. Alcoholism or drug addiction, unless addiction results from administration of drugs for treatment prescribed by a Physician
- 4. War or any act of war, whether declared or undeclared

Preexisting conditions limitations

A preexisting condition is any condition for which the Insured received medical advice, or treatment was recommended by, or received from, a health care services provider in the 6 months preceding the Policy Date. We will not pay benefits for Qualified Long-Term Care Services received wholly or in part due to a preexisting condition which is not disclosed in the application if the need for services begins during the first 6 months after the Policy Date.



Key terms and definitions

Tax Qualification	CareMatters Together is designed to qualify as life insurance under laws of the United States of America, including the Internal Revenue Code of 1986, as amended. This policy is also intended to be federally tax qualified under section 7702B(b) of the Internal Revenue Code of 1986, as amended. Tax treatment for citizens of, and US residents subject to taxation in, foreign countries may be different. Neither Nationwide nor its representatives give legal or tax advice. Please consult with your attorney or tax advisor for answers to your specific tax questions.
International benefits	For international claims, 100% of the maximum monthly LTC Rider benefit and 100% of any LTC Inflation Protection Rider benefit are available while benefits are paid under the LTC Rider. No LTC benefits are payable under the LTC Extension of Benefits Rider or any LTC Inflation Protection Rider benefit associated with it. LTC Extension of Benefits Rider payment availability will resume if the insured returns to the U.S. and the available total LTC benefit has not been exhausted.
LTC Rider	(Form ICC21-NWLA-616) This rider provides LTC benefits as an acceleration of the death benefit.
LTC Extension of Benefits Rider	(Form ICC21-NWLA-617) This rider that provides benefits once the benefits provided by the LTC rider are exhausted. Note: The issuance of the Long-Term Care Rider ("LTC Rider") and Long-Term Care Extension of Benefits Rider ("LTCEB Rider") (together, "Riders") described in this outline is based upon your responses to the questions on your application.
LTC Fixed Rate Inflation Protection Rider	(Form ICC21-NWLA-618) This rider provides for a monthly inflation protection benefit. Note: The issuance of the Long-Term Care Fixed Inflation Protection Rider is based upon your responses to the questions on your application.
Renewal and Termination	The policy this rider is attached to is noncancelable. This means that the policyowner has the right, subject to the terms of your policy, to continue the policy, provided they pay the scheduled premium on time. Nationwide cannot change any of the terms of the policy on its own and cannot change the scheduled premium. Election of the LTC Rider and LTCEB Rider is irrevocable. Termination of the riders will result in the automatic termination of the policy. The Riders will also terminate upon termination of the Policy or the date of the second Insured's death.



All guarantees and benefits of the insurance policy are backed by the claims-paying ability of the issuing insurance company. Policy guarantees and benefits are not backed by the broker/dealer and/or insurance agency selling the policy, nor by any of their affiliates, and none of them make any representations or guarantees regarding the claims-paying ability of the issuing insurance company.

Nationwide CareMatters Together is a cash indemnity product that pays LTC benefits when one or both of the insured persons are certified to have a qualifying condition and a need for LTC services. Bills and receipts showing actual expenses do not have to be submitted for payment of benefits once a claim has been approved. Each year, the policyowner can receive, tax free, the greater of the HIPAA per diem amount or actual LTC costs incurred. However, benefits may be taxable under certain circumstances. You should consult with your tax and legal advisors about your specific situation.

Keep in mind that the payment of Long-Term Care Rider benefits, as an acceleration of the death benefit, will reduce both the death benefit and net surrender value of the policy. Additionally, loans and withdrawals will also reduce both the net surrender value and the death benefit. Care should be taken to make sure that life insurance needs continue to be met even if the rider pays out in full or after money is taken from the policy. There is no guarantee that the rider will cover the entire cost for all of the insureds' long-term care, as this may vary with the needs of each insured. One of the insureds may exhaust the entire long-term care benefit. Nationwide pays the long-term care benefit to the policyowner; there is no guarantee the policyowner will use the benefit for long-term care expenses if the policy is owned by someone other than the insured.

The policy this rider is attached to is noncancelable. This means that the policyowner has the right, subject to the terms of your policy, to continue the policy, provided they pay the scheduled premium on time. Nationwide cannot change any of the terms of the policy on its own and cannot change the scheduled premium.

When choosing a product, make sure that life insurance and long-term care insurance needs are met. CareMatters Together is not intended to be a primary source of life insurance protection, so make sure life insurance needs have been covered by appropriate products. Because personal situations may change (e.g., marriage, birth of a child or job promotion), so can life insurance and long-term care insurance needs. Care should be taken to ensure these strategies and products are suitable. Associated costs, as well as personal and financial objectives, time horizons and risk tolerance, should all be weighed before purchasing CareMatters Together. Life insurance, and long-term care coverage linked to life insurance, may have fees and charges associated with it that include the costs of insurance, which vary based on characteristics of each insured such as sex, tobacco use, health and age, and additional charges for riders that customize a policy to fit individual needs.

CareMatters Together has exclusions, limitations, reductions of benefits and terms under which the product may be continued in force or discontinued. For more details on cost and coverage options, contact your financial professional.

Approval for coverage under the policy and riders is subject to underwriting and may require a medical exam.

Nationwide CareMatters Together may not be available in every state. Please contact Nationwide to determine product availability in your state.

Products are issued by Nationwide Life and Annuity Insurance Company, Columbus, Ohio

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