

Nationwide Life and Annuity Insurance Company One Nationwide Plaza Columbus, OH 43215-2221

Nationwide CareMatters Togethersm

Life insurance for two with cash indemnity long-term care benefits

Prepared for: William Smith

Mary Smith

Prepared on: June 17, 2023

Life Insurance Producer:

Jack Lenenberg LTC Partner 312 Maxwell Rd.

Suite 400 Alpharetta, GA 30009

Phone: 800-891-5824 Fax: 770-753-3939

The insurance professional or company may contact you in response to your request for additional information.

The information contained herein was prepared to support the promotion, marketing, and/or sale of life insurance contracts, annuity contracts and/or other products and services provided by Nationwide Life and Annuity Insurance Company.

• Not a deposit • Not FDIC or NCUSIF insured • Not guaranteed by the institution • Not insured by any federal government agency • May lose value

Rely on Nationwide® to be here for you

We work hard to help you protect what matters today and prepare you for what comes tomorrow. In fact, we've been helping members protect what's important since 1926 and **providing long-term care solutions for nearly 25 years.** We run our business to make sure we'll be here to protect you whenever you need us.

Nearly
100
years as a mutual company

Helping members protect what's important since

1926

long-term care solutions
since 1999



received: 10/17/02 affirmed: 12/22/21¹



received: 3/10/09 affirmed: 5/27/201



received: 12/22/08 affirmed: 4/19/22¹

FORTUNE

100 Best

Workplaces for
Diversity²

We are a FORTUNE 100 company³

FORTUNE

100 Best

Companies to

Work For⁴

¹ These ratings and rankings reflect rating agency assessment of the financial strength and claims-paying ability of Nationwide Life Insurance Company and Nationwide Life and Annuity Insurance Company. They are not intended to reflect the investment experience or financial strength of any variable account, which is subject to market risk. Because the dates are updated only when there's a change in the rating, the dates above reflect the most recent ratings we have received. They are subject to change at any time.

² "The 100 Best Workplaces for Diversity," fortune.com/best-workplaces-for-diversity/2019/search/ (2019).

³ Based on revenue, Fortune magazine (June 2021).

^{4 &}quot;100 Best Companies to Work For," greatplacetowork.com/best-workplaces/100-best/2022 (2022).



Your policy highlights

William Smith

Mary Smith

(Male, 45 Preferred Nontobacco, Illinois)

(Female, 45 Preferred Nontobacco, Illinois)

This policy covers a wide range of long-term care (LTC) services and pays the monthly benefit directly to you, the policyowner. Nationwide CareMatters TogetherSM was designed to put you in control of your future long-term care choices.

Please review the enclosed information with your insurance professional to determine whether Nationwide CareMatters Together is right for you.

Guaranteed premium	Annual Planned Premium: \$7,427.58
Premium payment period	Pay to Age 100 of older insured
Maximum monthly LTC benefit	Day 1: \$6,000
	Older insured age 80: \$16,883
Total LTC benefit	Day 1: \$640,248
	Older insured age 80: \$1,801,570
Maximum number of full monthly LTC benefit	96 payments
payments	No further LTC benefits are paid after all full monthly LTC benefit payments have been made.
Inflation protection option	3% Compound for life
Specified amount	\$216,000.00
(amount accelerated for long-term care)	Note: The Net Death Benefit may be higher in some years. See Net Death Benefit column of the Tabular Detail.
Guaranteed minimum death benefit	\$21,600.00
Is Sales Proposal a MEC? ⁵	No

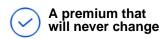
LTC benefits will never go down unless you choose to make changes to your policy, such as taking loans or partial surrenders from the policy or not paying scheduled premiums.

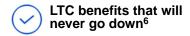
⁵ LTC benefits paid from a MEC policy receive the same tax advantages as LTC benefits paid from a non-MEC policy. These LTC benefits are tax free subject to Internal Revenue Code limits

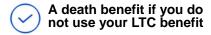


The benefits of your linked-benefit policy

Linked-benefit policies guarantee:







What helps set apart CareMatters Together

- Cost-effective coverage for two people, with a flexible shared pool of benefits
- Cash indemnity:
 - Clients may elect to receive up to 100% of their available monthly cash benefit
 - · There's no need to submit monthly bills or receipts once the claim has been approved
 - 100% of the benefits can be used to pay for informal care⁷
 - Nationwide places no restrictions on how the benefit is used
- Upon completion of the elimination period, benefits for the first 90 days will be paid retroactively along with benefits for month 4
- A guaranteed death benefit even if all LTC benefits have been paid
- International benefits (see key terms and definitions for details)
- Potential tax advantages because of separately identifiable LTC and life insurance premiums

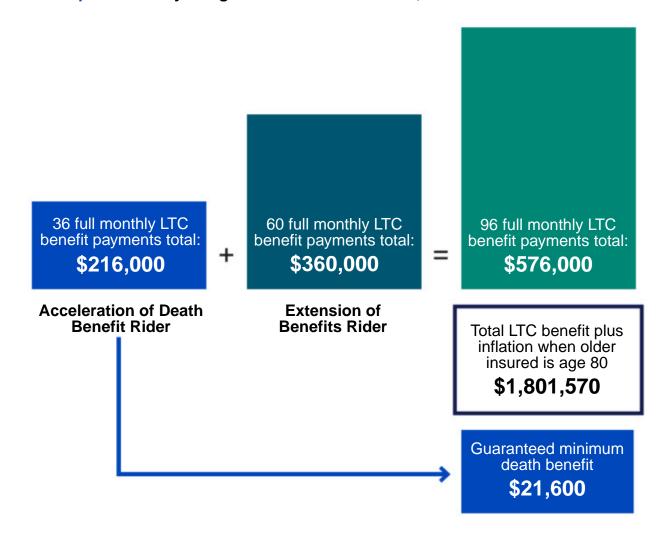
⁶ LTC benefits paid from a MEC policy receive the same tax advantages as LTC benefits paid from a non-MEC policy. These LTC benefits are tax free subject to Internal Revenue Code limits.

⁷ The plan of care provided by a U.S.-licensed health care provider must state that informal care is appropriate.



How CareMatters Together works

Guaranteed premium: Pay to Age 100 of older insured \$7,428



Monthly LTC Benefit day 1 of \$6,000 and \$16,883 when older insured is age 80

Upon completion of the elimination period, benefits for the first 90 days will be paid retroactively along with benefits for month 4.

For example, at age 80 of the older insured, the first benefit payment received after completion of the 90-calendar-day elimination period will total \$67,533 (which is **4 x \$16,883**) because of the retroactive payment.

This scenario assumes that all premiums have been paid; no loans, partial surrenders or LTC benefits have been taken; and the full monthly LTC benefit is paid.



Your policy guarantees

Guaranteed premium: Pay to Age 100 of older insured \$7,428



A \$6,000 total monthly LTC benefit per insured benefit in year 1

A \$16,883 total monthly LTC benefit per insured, when the older insured is age 80



A \$216,000 guaranteed death benefit if neither of you ever need care

A guaranteed minimum death benefit of \$21,600, even if you use 100% of your LTC benefits



Year 20: \$55,471 total received on surrender

Year 30: \$98,839 total received on surrender



Year 15: \$2,475.15 monthly LTC benefit per insured \$264,118.05 total LTC benefit

Year 25: \$5,543.98 monthly LTC benefit per insured \$591,587.62 total LTC benefit

All these numbers represent end-of-the-year values and assume you've continued to pay your premium as scheduled and haven't taken any loans or partial surrenders.



Prepared For: William Smith // Male/45/Preferred Non-Tobacco Prepared For: Mary Smith // Female/45/Preferred Non-Tobacco Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life Premium Payment Period: Pay to Age 100 of older insured

Scheduled Premium: \$7,427.58 Annual

Separately identifiable LTC and life insurance premiums

Annual Planned Premium: \$7,428

The scheduled premium breaks down as follows:

Life insurance premium: \$1,825.59 LTC premium William Smith: \$2,236.48 LTC premium Mary Smith: \$3,365.51



Prepared For: William Smith // Male/45/Preferred Non-Tobacco Prepared For: Mary Smith // Female/45/Preferred Non-Tobacco

Specified Amount: \$216,000.00

Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life
Premium Payment Period: Pay to Age 100 of older insured
Scheduled Premium: \$7,427.58 Annual

Tabular Detail

							nd Benefits Guar ed 1.00% Interest			
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
1	45 45	7,428	3,357	3,357	216,000	576,000	6,000	0	6,000	640,248
2	46 46	7,428	5,310	5,310	216,000	576,000	6,000	180	6,180	659,456
3	47 47	7,428	7,334	7,335	216,000	576,000	6,000	365	6,365	679,239
4	48 48	7,428	9,434	9,434	216,000	576,000	6,000	556	6,556	699,616
5	49 49	7,428	11,612	11,612	216,000	576,000	6,000	753	6,753	720,605
Total		37,138								
6	50 50	7,428	13,869	13,869	216,000	576,000	6,000	956	6,956	742,223
7	51 51	7,428	16,210	16,210	216,000	576,000	6,000	1,164	7,164	764,490
8	52 52	7,428	18,636	18,636	216,000	576,000	6,000	1,379	7,379	787,425
9	53 53	7,428	21,151	21,151	216,000	576,000	6,000	1,601	7,601	811,047
10	54 54	7,428	23,757	23,757	216,000	576,000	6,000	1,829	7,829	835,379
Total		74,276								
11	55 55	7,428	26,457	26,457	216,000	576,000	6,000	2,063	8,063	860,440
12	56 56	7,428	29,254	29,254	216,000	576,000	6,000	2,305	8,305	886,253
13	57 57	7,428	32,151	32,151	216,000	576,000	6,000	2,555	8,555	912,841
14	58 58	7,428	35,150	35,150	216,000	576,000	6,000	2,811	8,811	940,226
15	59 59	7,428	38,256	38,256	216,000	576,000	6,000	3,076	9,076	968,433
Total		111,414								
16	60 60	7,428	41,472	41,472	216,000	576,000	6,000	3,348	9,348	997,486
17	61 61	7,428	44,799	44,799	216,000	576,000	6,000	3,628	9,628	1,027,410
18	62 62	7,428	48,240	48,240	216,000	576,000	6,000	3,917	9,917	1,058,233
19	63 63	7,428	51,797	51,797	216,000	576,000	6,000	4,215	10,215	1,089,980
20	64 64	7,428	55,471	55,471	216,000	576,000	6,000	4,521	10,521	1,122,679
Total		148,552								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

^{*}To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.

^{**}The amounts shown in this column are cumulative and assume LTC benefits begin to be paid for one insured in that policy year and continue for the 96 maximum full monthly LTC benefit payments you elected. For example, if a claim starts at the beginning of policy year 11, the total benefit, \$860,440, is what will be paid over the 96 payments.



Prepared For: William Smith // Male/45/Preferred Non-Tobacco Prepared For: Mary Smith // Female/45/Preferred Non-Tobacco

Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00 Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life
Premium Payment Period: Pay to Age 100 of older insured
Scheduled Premium: \$7,427.58 Annual

Tabular Detail

							nd Benefits Guar ed 1.00% Interest			
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
21	65 65	7,428	59,265	59,265	216,000	576,000	6,000	4,837	10,837	1,156,359
22	66 66	7,428	63,180	63,180	216,000	576,000	6,000	5,162	11,162	1,191,050
23	67 67	7,428	67,217	67,217	216,000	576,000	6,000	5,497	11,497	1,226,782
24	68 68	7,428	71,378	71,379	216,000	576,000	6,000	5,842	11,842	1,263,585
25	69 69	7,428	75,664	75,664	216,000	576,000	6,000	6,197	12,197	1,301,493
Total		185,690								
26	70 70	7,428	80,071	80,071	216,000	576,000	6,000	6,563	12,563	1,340,538
27	71 71	7,428	84,599	84,599	216,000	576,000	6,000	6,940	12,940	1,380,754
28	72 72	7,428	89,240	89,240	216,000	576,000	6,000	7,328	13,328	1,422,176
29	73 73	7,428	93,990	93,990	216,000	576,000	6,000	7,728	13,728	1,464,842
30	74 74	7,428	98,839	98,839	216,000	576,000	6,000	8,139	14,139	1,508,787
Total		222,827								
31	75 75	7,428	103,777	103,777	216,000	576,000	6,000	8,564	14,564	1,554,050
32	76 76	7,428	108,793	108,793	216,000	576,000	6,000	9,000	15,000	1,600,672
33	77 77	7,428	113,873	113,873	216,000	576,000	6,000	9,450	15,450	1,648,692
34	78 78	7,428	119,004	119,004	216,000	576,000	6,000	9,914	15,914	1,698,153
35	79 79	7,428	124,164	124,164	216,000	576,000	6,000	10,391	16,391	1,749,097
Total		259,965								
36	80 80	7,428	129,328	129,328	216,000	576,000	6,000	10,883	16,883	1,801,570
37	81 81	7,428	134,464	134,464	216,000	576,000	6,000	11,390	17,390	1,855,617
38	82 82	7,428	139,553	139,554	216,000	576,000	6,000	11,911	17,911	1,911,286
39	83 83	7,428	144,580	144,580	216,000	576,000	6,000	12,449	18,449	1,968,625
40	84 84	7,428	149,516	149,516	216,000	576,000	6,000	13,002	19,002	2,027,683
Total		297,103								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

*To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.

^{**}The amounts shown in this column are cumulative and assume LTC benefits begin to be paid for one insured in that policy year and continue for the 96 maximum full monthly LTC benefit payments you elected. For example, if a claim starts at the beginning of policy year 11, the total benefit, \$860,440, is what will be paid over the 96 payments.



Prepared For: William Smith // Male/45/Preferred Non-Tobacco Prepared For: Mary Smith // Female/45/Preferred Non-Tobacco

Specified Amount: \$216,000.00

Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life
Premium Payment Period: Pay to Age 100 of older insured
Scheduled Premium: \$7,427.58 Annual

Tabular Detail

							nd Benefits Guar ed 1.00% Interest			
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
41	85 85	7,428	154,294	154,294	216,000	576,000	6,000	13,572	19,572	2,088,514
42	86 86	7,428	158,871	158,871	216,000	576,000	6,000	14,159	20,159	2,151,169
43	87 87	7,428	163,242	163,242	216,000	576,000	6,000	14,764	20,764	2,215,704
44	88 88	7,428	167,370	167,370	216,000	576,000	6,000	15,387	21,387	2,282,175
45	89 89	7,428	171,227	171,227	216,000	576,000	6,000	16,029	22,029	2,350,641
Total		334,241								
46	90 90	7,428	174,803	174,803	216,000	576,000	6,000	16,690	22,690	2,421,160
47	91 91	7,428	178,104	178,104	216,000	576,000	6,000	17,370	23,370	2,493,795
48	92 92	7,428	181,154	181,154	216,000	576,000	6,000	18,071	24,071	2,568,609
49	93 93	7,428	183,980	183,980	216,000	576,000	6,000	18,794	24,794	2,645,667
50	94 94	7,428	186,639	186,639	216,000	576,000	6,000	19,537	25,537	2,725,037
Total		371,379								
51	95 95	7,428	189,211	189,211	216,000	576,000	6,000	20,303	26,303	2,806,788
52	96 96	7,428	191,722	191,722	216,000	576,000	6,000	21,093	27,093	2,890,992
53	97 97	7,428	194,178	194,178	216,000	576,000	6,000	21,905	27,905	2,977,721
54	98 98	7,428	196,651	196,651	216,000	576,000	6,000	22,742	28,742	3,067,053
55	99 99	7,428	199,269	199,269	216,000	576,000	6,000	23,605	29,605	3,159,065
Total		408,517								
56	100 100	0	200,447	200,447	216,000	576,000	6,000	24,493	30,493	3,253,836
57	101 101	0	201,460	201,460	216,000	576,000	6,000	25,408	31,408	3,351,452
58	102 102	0	202,366	202,366	216,000	576,000	6,000	26,350	32,350	3,451,995
59	103 103	0	203,175	203,175	216,000	576,000	6,000	27,320	33,320	3,555,555
60	104 104	0	203,904	203,904	216,000	576,000	6,000	28,320	34,320	3,662,222
Total		408,517								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

^{*}To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.

^{**}The amounts shown in this column are cumulative and assume LTC benefits begin to be paid for one insured in that policy year and continue for the 96 maximum full monthly LTC benefit payments you elected. For example, if a claim starts at the beginning of policy year 11, the total benefit, \$860,440, is what will be paid over the 96 payments.



Prepared For: William Smith // Male/45/Preferred Non-Tobacco Prepared For: Mary Smith // Female/45/Preferred Non-Tobacco

Specified Amount: \$216,000.00

Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life
Premium Payment Period: Pay to Age 100 of older insured
Scheduled Premium: \$7,427.58 Annual

Tabular Detail

			All Values and Benefits Guaranteed Guaranteed 1.00% Interest Rate							
End of Year	Ages	Premium	Cash Value	Net Surrender Value	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit Per Insured* (Excludes Inflation)	Max Monthly Inflation Rider Benefit Per Insured*	Total Monthly Benefit Per Insured	Total Benefit** (Total LTC Benefit Plus Inflation)
61	105 105	0	204,583	204,583	216,000	576,000	6,000	29,350	35,350	3,772,088
62	106 106	0	205,264	205,264	216,000	576,000	6,000	30,410	36,410	3,885,251
63	107 107	0	205,970	205,970	216,000	576,000	6,000	31,502	37,502	4,001,808
64	108 108	0	206,652	206,652	216,000	576,000	6,000	32,627	38,627	4,121,863
65	109 109	0	207,313	207,313	216,000	576,000	6,000	33,786	39,786	4,245,519
Total		408,517								
66	110 110	0	207,954	207,954	216,000	576,000	6,000	34,980	40,980	4,372,884
67	111 111	0	208,577	208,577	216,000	576,000	6,000	36,209	42,209	4,504,071
68	112 112	0	209,183	209,183	216,000	576,000	6,000	37,476	43,476	4,639,193
69	113 113	0	209,774	209,774	216,000	576,000	6,000	38,780	44,780	4,778,369
70	114 114	0	210,355	210,355	216,000	576,000	6,000	40,123	46,123	4,921,720
Total		408,517								
71	115 115	0	210,930	210,930	216,000	576,000	6,000	41,507	47,507	5,069,371
72	116 116	0	211,505	211,505	216,000	576,000	6,000	42,932	48,932	5,221,452
73	117 117	0	212,091	212,091	216,000	576,000	6,000	44,400	50,400	5,378,096
74	118 118	0	212,716	212,716	216,000	576,000	6,000	45,912	51,912	5,539,439
75	119 119	0	213,483	213,483	216,000	576,000	6,000	47,469	53,469	5,705,622
Total		408,517								

Based on Premium Outlay, coverage would continue to:

Younger Insured's attained age: 120

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Input Summary - Ledger Case File: [Untitled]

Screen: In	sured
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Revised Illustration?

No

2nd Insured Sex

Female
Issue State

IL

1st Insured Issue Age or D.O.B.
(mm/dd/yyyy)

2nd Insured Issue Age or D.O.B.
45

2nd Insured Issue Age or D.O.B.
45

2nd Insured First Name

Mary

2nd Insured Issue Age or D.O.B.

45

(mm/dd/yyyy)

1st Insured Last Name

Smith

1st Insured Rick Class

Pre

2nd Insured Last Name
Smith
Sm

Screen: Face Amount and Premium

Specify Premium or Benefit Monthly LTC Benefit Maximum number of full monthly 90

Premium or Benefit Amount 6000 LTC benefit payments

Scheduled Premium Pay to Age 100 of Older Insured Inflation Benefit Option 3% Compound for life

Premium Mode Annual 1035 Exchange? No

Screen: Interest Rate and Income

Guaranteed Rate

Year to Begin Scheduled Premium

Screen: Output Design

General Ledger Yes Premium Summary Yes
Annual Cost Summary No OCC Report No
Display IRR Column No Monthly Cost Summary No
Quick View Yes



Prepared For: William Smith // Male/45/Preferred Non-Tobacco

Prepared For: William Smith // Female/45/Preferred Non-Tobacco Specified Amount: \$216,000.00

Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life
Premium Payment Period: Pay to Age 100 of older insured
Scheduled Premium: \$7,427.58 Annual

Signature Page

I have received a copy of this proposal. I also understand this policy constitute the actual agreement of coverage.	proposal is not a contract and that the terms of the
Applicant/Policy Owner	 Date
I certify that this proposal has been presented to the applicant. inconsistent with the proposal.	I have made no representations that are
Sales Representative	 Date

Life Insurance underwritten by the Nationwide Life and Annuity Insurance Company, Columbus, Ohio.



Prepared For: William Smith // Male/45/Preferred Non-Tobacco Prepared For: Mary Smith // Female/45/Preferred Non-Tobacco Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life
Premium Payment Period: Pay to Age 100 of older insured

Scheduled Premium: \$7,427.58 Annual

Total Received on Surrender

- A. Guaranteed Cash Value
- B. Accumulated Value Less Surrender Charges
- C. Net Surrender Value = Cash Surrender Value minus LTC benefits, minus any amounts owed on your policy (Note: Cash Surrender Value = the greater of A or B)

End of Year	Ages	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value
1	45 45	3,357	213	3,357
2	46 46	5,310	445	5,310
3	47 47	7,334	697	7,335
4	48 48	9,434	967	9,434
5	49 49	11,612	1,255	11,612
6	50 50	13,869	1,560	13,869
7	51 51	16,210	1,881	16,210
8	52 52	18,636	2,289	18,636
9	53 53	21,151	2,727	21,151
10	54 54	23,757	3,193	23,757
11	55 55	26,457	3,886	26,457
12	56 56	29,254	4,199	29,254
13	57 57	32,151	4,495	32,151
14	58 58	35,150	4,770	35,150
15	59 59	38,256	5,021	38,256
16	60 60	41,472	5,242	41,472
17	61 61	44,799	5,427	44,799
18	62 62	48,240	5,567	48,240
19	63 63	51,797	5,656	51,797
20	64 64	55,471	5,685	55,471
21	65 65	59,265	5,647	59,265
22	66 66	63,180	5,534	63,180
23	67 67	67,217	5,336	67,217
24	68 68	71,378	5,043	71,379
25	69 69	75,664	4,644	75,664
26	70 70	80,071	4,122	80,071
27	71 71	84,599	3,456	84,599
28	72 72	89,240	2,626	89,240
29	73 73	93,990	1,618	93,990
30	74 74	98,839	416	98,839



Prepared For: William Smith // Male/45/Preferred Non-Tobacco Prepared For: Mary Smith // Female/45/Preferred Non-Tobacco Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life Premium Payment Period: Pay to Age 100 of older insured

Scheduled Premium: \$7,427.58 Annual

Total Received on Surrender

A. Guaranteed Cash Value

B. Accumulated Value Less Surrender Charges

C. Net Surrender Value = Cash Surrender Value minus LTC benefits, minus any amounts owed on your policy (Note: Cash Surrender Value = the greater of A or B)

End of Year	Ages	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value
31	75 75	103,777	0	103,777
32	76 76	108,793	0	108,793
33	77 77	113,873	0	113,873
34	78 78	119,004	0	119,004
35	79 79	124,164	0	124,164
36	80 80	129,328	0	129,328
37	81 81	134,464	0	134,464
38	82 82	139,553	0	139,554
39	83 83	144,580	0	144,580
40	84 84	149,516	0	149,516
41	85 85	154,294	0	154,294
42	86 86	158,871	0	158,871
43	87 87	163,242	0	163,242
44	88 88	167,370	0	167,370
45	89 89	171,227	0	171,227
46	90 90	174,803	0	174,803
47	91 91	178,104	0	178,104
48	92 92	181,154	0	181,154
49	93 93	183,980	0	183,980
50	94 94	186,639	0	186,639
51	95 95	189,211	0	189,211
52	96 96	191,722	0	191,722
53	97 97	194,178	0	194,178
54	98 98	196,651	0	196,651
55	99 99	199,269	0	199,269
56	100 100	200,447	0	200,447
57	101 101	201,460	0	201,460
58	102 102	202,366	0	202,366
59	103 103	203,175	0	203,175
60	104 104	203,904	0	203,904



Prepared For: William Smith // Male/45/Preferred Non-Tobacco Prepared For: Mary Smith // Female/45/Preferred Non-Tobacco Specified Amount: \$216,000.00

Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life
Premium Payment Period: Pay to Age 100 of older insured
Scheduled Premium: \$7,427.58 Annual

Total Received on Surrender

A. Guaranteed Cash Value

B. Accumulated Value Less Surrender Charges

C. Net Surrender Value = Cash Surrender Value minus LTC benefits, minus any amounts owed on your policy (Note: Cash Surrender Value = the greater of A or B)

End of Year	Ages	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value
61	105 105	204,583	0	204,583
62	106 106	205,264	0	205,264
63	107 107	205,970	0	205,970
64	108 108	206,652	0	206,652
65	109 109	207,313	0	207,313
66	110 110	207,954	0	207,954
67	111 111	208,577	0	208,577
68	112 112	209,183	0	209,183
69	113 113	209,774	0	209,774
70	114 114	210,355	0	210,355
71	115 115	210,930	0	210,930
72	116 116	211,505	0	211,505
73	117 117	212,091	0	212,091
74	118 118	212,716	0	212,716
75	119 119	213,483	0	213,483



Prepared For: William Smith // Male/45/Preferred Non-Tobacco Prepared For: Mary Smith // Female/45/Preferred Non-Tobacco Specified Amount: \$216,000.00 Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life Premium Payment Period: Pay to Age 100 of older insured

Scheduled Premium: \$7,427.58 Annual

IRC Section 7702 / 7702a

MEP: \$6,749.58

NSP: \$42,420.35

Modified Endowment Premium (MEP): As defined by the IRC Section 7702A, this premium represents the level annual premium required for seven years to mature the policy under guaranteed mortality charges at an annual interest rate of 3.75%.

Net Single Premium (NSP): This premium represents the single premium required to mature the policy under mortality charges, as defined in IRC Section 7702, at an annual interest rate of 3.75%.

Please see the proposal for further information on other important information and features.



Prepared For: William Smith // Male/45/Preferred Non-Tobacco Prepared For: Mary Smith // Female/45/Preferred Non-Tobacco

Specified Amount: \$216,000.00

Maximum Monthly LTC Benefit Per Insured: \$6,000.00

Maximum Number Of Full Monthly LTC Benefit Payments: 96

Inflation Protection Option: 3% Compound for life
Premium Payment Period: Pay to Age 100 of older insured
Scheduled Premium: \$7,427.58 Annual

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			All Va	alues and Bene	efits are Guara	nteed	
Maximum Number of Full Monthly LTC Benefit Payments	Inflation Protection Option	Specified Amount	Total Benefit** (Total LTC Benefit Plus Inflation) (Day 1)	Max Monthly LTC Benefit per Insured (Day 1)	Total Monthly [*] Benefit Per Insured (Older Insured age 80)	Total Benefit** (Total LTC Benefit Plus Inflation) (Older insured age 80)	Inflation Crossover Age of Older Insured***
48	None 3% Compound for 20 years 3% Compound for life	\$547,637 \$366,734 \$266,457	\$730,183 \$511,426 \$371,586	\$15,212 \$10,187 \$7,402	\$15,212 \$18,399 \$20,827	\$730,183 \$883,150 \$1,045,592	59 70
48	5% Compound for life	\$125,272	\$179,980	\$3,480	\$19,195	\$992,772	76
72	None	\$485,079	\$970,158	\$13,474	\$13,474	\$970,158	
72	3% Compound for 20 years	\$327,835	\$706,856	\$9,107	\$16,447	\$1,184,212	59
72	3% Compound for life	\$234,636	\$505,907	\$6,518	\$18,340	\$1,423,552	70
72	5% Compound for life	\$106,133	\$240,637	\$2,948	\$16,262	\$1,327,356	77
96	None	\$450,658	\$1,201,754	\$12,518	\$12,518	\$1,201,754	
96	3% Compound for 20 years	\$303,574	\$899,828	\$8,433	\$15,230	\$1,462,104	59
	3% Compound for life	\$216,000	\$640,248	\$6,000	\$16,883	\$1,801,570	70
96	5% Compound for life	\$95,277	\$303,270	\$2,647	\$14,599	\$1,672,841	77

To be paid any Monthly Inflation Rider Benefit in any given month, you must elect to take the full Maximum Monthly LTC Benefit. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited. Should you have a temporary claim that ends prior to the exhaustion of the policy, your Monthly Inflation Protection Rider benefit will continue to increase.

The amounts shown in this column are cumulative and assume LTC benefits begin to be paid for one insured in that policy year and continue for the maximum number of full monthly LTC benefit payments for this row.

The Inflation Crossover Age of Older Insured is the age that the Total Monthly Benefit Per Insured is equal to or greater than the Max Monthly LTC Benefit Per Insured with no inflation added.



Key terms and definitions

Scheduled Premium	The amount of Life Insurance Premium and LTC Premium required on the first day of the Premium Payment Frequency for the Premium Payment Period you selected. As long as the premium obligation is met and no loans or partial surrenders are taken, the quoted benefits are guaranteed. For any scheduled premium after the first, there will be a 61-day grace period after the date we mail the grace period notice in which to make the premium payment.
Specified Amount	An amount used to determine LTC benefits and the death benefits. It is also used to determine policy charges and deductions from the Accumulated Value. The Specified Amount is not always the same amount as the Net Death Benefit. Please refer to the Net Death Benefit description below or to the tabular detail.
Maximum number of full monthly LTC benefit payments	This represents the lifetime maximum number of full benefit payments that could be paid from the LTC Rider and LTC Extension of Benefits Rider if every payment is for the maximum monthly amount available by the terms of the riders. If both insureds are eligible for benefits at the same time, two LTC benefit payments can be made in the same month.
Lifetime maximum amount of LTC benefits payable	The available lifetime maximum LTC benefit amount is the maximum monthly LTC benefit dollar amount paid over the maximum number of full monthly LTC benefit payments you select at issue. Once all LTC benefits have been paid, no further LTC benefits will be available. However, the guaranteed minimum death benefit will be paid to beneficiaries on the death of the second insured. The lifetime maximum of LTC benefits and any death benefit will decrease if you choose to make changes to your policy, such as taking loans or partial surrenders from the policy or not paying scheduled premiums.
Inflation protection options	Nationwide CareMatters Together offers inflation protection options of 3% compounded annually for 20 years, 3% compounded annually for life, or 5% compounded annually for life. The monthly LTC Fixed Rate Inflation Protection Rider amount is in addition to the maximum monthly LTC Benefit amount provided by the LTC Rider or the LTC Extension of Benefits Rider, if elected.
Maximum Monthly LTC Benefit per Insured	The maximum monthly benefit available for each insured for whom a claim is being paid under the LTC Rider and LTC Extension of Benefits Rider
Maximum Monthly Inflation Rider Benefit per Insured	The full amount of the benefit available under the inflation protection option after the Maximum Monthly LTC Benefit is taken. This amount is in addition to the Maximum Monthly LTC Benefit per insured.

Key terms and definitions

Total monthly benefit per Insured	The total benefit amount available every month per insured. If an inflation protection option is elected, the total monthly benefit payable per insured will be the Maximum Monthly LTC Benefit per insured plus the Maximum Monthly Inflation Benefit per Insured. Any Monthly Inflation Rider Benefit you choose not to take in a given month will be forfeited.
Cash Value	The amount equal to the greater of the Accumulated Value of this policy or the Guaranteed Cash Value.
Total received on surrender	The greater of: 1. The guaranteed cash value OR 2. The accumulated value minus surrender charges Minus any policy indebtedness, unpaid charges and LTC benefits paid.
Net Death Benefit	The death benefit amount that will be paid to your beneficiary if the insured dies while the policy is in force. This amount is net of any outstanding policy indebtedness and LTC benefits paid. The Net Death Benefit may be higher in some years based on the Specified Amount, Accumulated Value, Guaranteed Cash Value and IRC 7702 corridor factors.
Guaranteed minimum death benefit	We guarantee we will pay your beneficiaries a death benefit of 10% of the Specified Amount, adjusted for any indebtedness.
Waiver of Premium	For all payment options, life and LTC premiums will be waived while LTC benefits are being paid. If the insured recovers, the policy owner will need to resume the scheduled premium.
Reduced paid-up benefit	If a lapse occurs prior to an LTC claim due to failure to pay scheduled premium, the policy will be converted to a paid-up policy in which the Specified Amount is reduced based on the percentage of the total required premium that has been paid.

Key terms and definitions

Qualification for LTC benefits

To be considered a "chronically ill individual", a licensed health care practitioner must certify within the preceding 12-month period that the insured:

- Is unable to perform, without substantial assistance from another person, at least 2 activities of daily living (bathing, getting dressed, eating, continence, toileting, transferring) due to a loss of functional capacity for a period of at least 90 days OR
- Requires substantial supervision to protect the insured from threats to health and safety due to severe cognitive impairment
- Services that meet the requirements of §7702(B)(c)(1) of the Internal Revenue Code of 1986, as amended, as follows: necessary diagnostic, preventive, therapeutic, curative, treatment, mitigation and rehabilitative services, and Maintenance or Personal Care Services which are required by a Chronically III individual, and are provided pursuant to a Plan of Care prescribed by a Licensed Health Care Practitioner

Before benefits begin, the insured must satisfy a 90-calendar-day elimination period. Each insured will have their own elimination period. Upon meeting the elimination period, it is satisfied for life of the policy in the event you have more than one LTC claim.

Qualification for LTC benefits continued

The LTC claim must be recertified at least every 12 months but may be sooner based on the insured's recoverability or condition.

Exclusions

- 1. Intentionally self-inflicted injuries or attempts at suicide (either while sane or insane)
- 2. Committing or attempting to commit a felony
- 3. Alcoholism or drug addiction, unless addiction results from administration of drugs for treatment prescribed by a Physician
- 4. War or any act of war, whether declared or undeclared

Preexisting conditions limitations

A preexisting condition is any condition for which the Insured received medical advice, or treatment was recommended by, or received from, a health care services provider in the 6 months preceding the Policy Date. We will not pay benefits for Qualified Long-Term Care Services received wholly or in part due to a preexisting condition which is not disclosed in the application if the need for services begins during the first 6 months after the Policy Date.



Key terms and definitions

Tax Qualification	CareMatters Together is designed to qualify as life insurance under laws of the United States of America, including the Internal Revenue Code of 1986, as amended. This policy is also intended to be federally tax qualified under section 7702B(b) of the Internal Revenue Code of 1986, as amended. Tax treatment for citizens of, and US residents subject to taxation in, foreign countries may be different. Neither Nationwide nor its representatives give legal or tax advice. Please consult with your attorney or tax advisor for answers to your specific tax questions.
International benefits	For international claims, 100% of the maximum monthly LTC Rider benefit and 100% of any LTC Inflation Protection Rider benefit are available while benefits are paid under the LTC Rider. No LTC benefits are payable under the LTC Extension of Benefits Rider or any LTC Inflation Protection Rider benefit associated with it. LTC Extension of Benefits Rider payment availability will resume if the insured returns to the U.S. and the available total LTC benefit has not been exhausted.
LTC Rider	(Form ICC21-NWLA-616) This rider provides LTC benefits as an acceleration of the death benefit.
LTC Extension of Benefits Rider	(Form ICC21-NWLA-617) This rider that provides benefits once the benefits provided by the LTC rider are exhausted. Note: The issuance of the Long-Term Care Rider ("LTC Rider") and Long-Term Care Extension of Benefits Rider ("LTCEB Rider") (together, "Riders") described in this outline is based upon your responses to the questions on your application.
LTC Fixed Rate Inflation Protection Rider	(Form ICC21-NWLA-618) This rider provides for a monthly inflation protection benefit. Note: The issuance of the Long-Term Care Fixed Inflation Protection Rider is based upon your responses to the questions on your application.
Renewal and Termination	The policy this rider is attached to is noncancelable. This means that the policyowner has the right, subject to the terms of your policy, to continue the policy, provided they pay the scheduled premium on time. Nationwide cannot change any of the terms of the policy on its own and cannot change the scheduled premium. Election of the LTC Rider and LTCEB Rider is irrevocable. Termination of the riders will result in the automatic termination of the policy. The Riders will also terminate upon termination of the Policy or the date of the second Insured's death.



All guarantees and benefits of the insurance policy are backed by the claims-paying ability of the issuing insurance company. Policy guarantees and benefits are not backed by the broker/dealer and/or insurance agency selling the policy, nor by any of their affiliates, and none of them make any representations or guarantees regarding the claims-paying ability of the issuing insurance company.

Nationwide CareMatters Together is a cash indemnity product that pays LTC benefits when one or both of the insured persons are certified to have a qualifying condition and a need for LTC services. Bills and receipts showing actual expenses do not have to be submitted for payment of benefits once a claim has been approved. Each year, the policyowner can receive, tax free, the greater of the HIPAA per diem amount or actual LTC costs incurred. However, benefits may be taxable under certain circumstances. You should consult with your tax and legal advisors about your specific situation.

Keep in mind that the payment of Long-Term Care Rider benefits, as an acceleration of the death benefit, will reduce both the death benefit and net surrender value of the policy. Additionally, loans and withdrawals will also reduce both the net surrender value and the death benefit. Care should be taken to make sure that life insurance needs continue to be met even if the rider pays out in full or after money is taken from the policy. There is no guarantee that the rider will cover the entire cost for all of the insureds' long-term care, as this may vary with the needs of each insured. One of the insureds may exhaust the entire long-term care benefit. Nationwide pays the long-term care benefit to the policyowner; there is no guarantee the policyowner will use the benefit for long-term care expenses if the policy is owned by someone other than the insured.

The policy this rider is attached to is noncancelable. This means that the policyowner has the right, subject to the terms of your policy, to continue the policy, provided they pay the scheduled premium on time. Nationwide cannot change any of the terms of the policy on its own and cannot change the scheduled premium.

When choosing a product, make sure that life insurance and long-term care insurance needs are met. CareMatters Together is not intended to be a primary source of life insurance protection, so make sure life insurance needs have been covered by appropriate products. Because personal situations may change (e.g., marriage, birth of a child or job promotion), so can life insurance and long-term care insurance needs. Care should be taken to ensure these strategies and products are suitable. Associated costs, as well as personal and financial objectives, time horizons and risk tolerance, should all be weighed before purchasing CareMatters Together. Life insurance, and long-term care coverage linked to life insurance, may have fees and charges associated with it that include the costs of insurance, which vary based on characteristics of each insured such as sex, tobacco use, health and age, and additional charges for riders that customize a policy to fit individual needs.

CareMatters Together has exclusions, limitations, reductions of benefits and terms under which the product may be continued in force or discontinued. For more details on cost and coverage options, contact your financial professional.

Approval for coverage under the policy and riders is subject to underwriting and may require a medical exam.

Nationwide CareMatters Together may not be available in every state. Please contact Nationwide to determine product availability in your state.

Products are issued by Nationwide Life and Annuity Insurance Company, Columbus, Ohio

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