

Nationwide Life and Annuity Insurance Company One Nationwide Plaza Columbus, OH 43215

Nationwide CareMatters[®] II

LIFE INSURANCE WITH Cash Indemnity Long-Term Care Benefits

Prepared for: Valued Client

Presented by:

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Prepared on:

May 16, 2023

 Not a deposit • Not FDIC or NCUSIF insured • Not guaranteed by the institution • Not insured by any federal government agency • May lose value



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Dear Valued Client,

Thank you for considering Nationwide[®] for your long-term (LTC) care planning needs. The proposal you're about to see was customized for you based on the following information:

Long-term care scenario

Valued Client (Female, 50, Couple Nontobacco, Virginia)

Premium received	Annual: \$108,199.51 Year 0 - Year 1 Total: \$108,199.51
Refund of Premium on Surrender	Maximum LTC Benefit ¹
Total Long-term care benefit	Day 1: \$465,726 Age 80: \$1,130,440
Maximum monthly LTC benefit	Day 1: \$6,000 Age 80: \$14,564
LTC specified benefit period	6 years
Inflation protection option	3% Compound
Specified amount (amount accelerated for long-term care)	\$144,000.25 Note: The Net Death Benefit may be higher in some years. See Net Death Benefit column of the Tabular Detail.
Guaranteed minimum death benefit	\$28,800.05
Is Sales Proposal a MEC?	Yes

¹You have elected the Minimum Refund of Premium with Maximum LTC Benefit Option. The Refund of Premium value is equal to the Cash Surrender Value. This option provides the lowest Refund of Premium value in the early years and the most LTC benefit for a given Premium.

Distinct product features

- Cash Indemnity LTC Benefits
- Guaranteed Premiums
- Informal Care
- Nationwide Care Guide Network
- Guaranteed Cash Value

This policy covers care for a wide range of long-term care services and pays the monthly benefit directly to you, the policy owner. Nationwide CareMatters II was designed to put you in control of your future long-term care choices.

Please review the enclosed information with your insurance professional to determine if Nationwide CareMatters II is right for you.

Thank you.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Why LTC coverage may be a better option

Consider a linked benefit policy

Unlike a traditional long-term care policy, a linked benefit policy offers more than just LTC benefits - it's linked to a life insurance policy with a death benefit typically equal to or more than premiums paid. That means a benefit is paid whether you need LTC or not.

Let's take a closer look:



A linked benefit policy

The policy is an asset that's not tied to the market so it's ready anytime to provide funds for potential LTC needs²



LTC benefits

The amount you receive each month to help pay for your long-term care needs.



Death benefit

The death benefit preserves this asset for the beneficiaries to the extent that LTC is not needed and typically returns at least the premium paid or more if LTC benefits have never been paid.



Liquidity

The policy will remain a liquid asset in the form of the cash surrender value

²The insured must meet LTC claims requirements.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Nationwide CareMatters II is a cash indemnity plan that simplifies how your benefits are paid to you because it allows you to:



Spend your benefits as you see fit

Once you qualify, you'll receive monthly long-term care benefit payments to use without restrictions from Nationwide³



Eliminate monthly paperwork

You won't be required to submit bills or receipts to Nationwide⁴

Long-term care support services

The Nationwide Care Guide Network[®] is a LTC resource and referral service tailored to your geographic location for policyowners who have purchased Nationwide CareMatters II.⁵ This service is available to the policyowner as well as to their spouses, parents, adult children, siblings and parents-in-law.

It's designed to help provide referrals when you need help with the following:

Caregiver support

Home care and housing options

Assisted living or nursing homes

Adult day care

Memory and Alzheimer's care

End-of-life care

Meal and nutrition services

Safety and adaptive equipment

Transportation

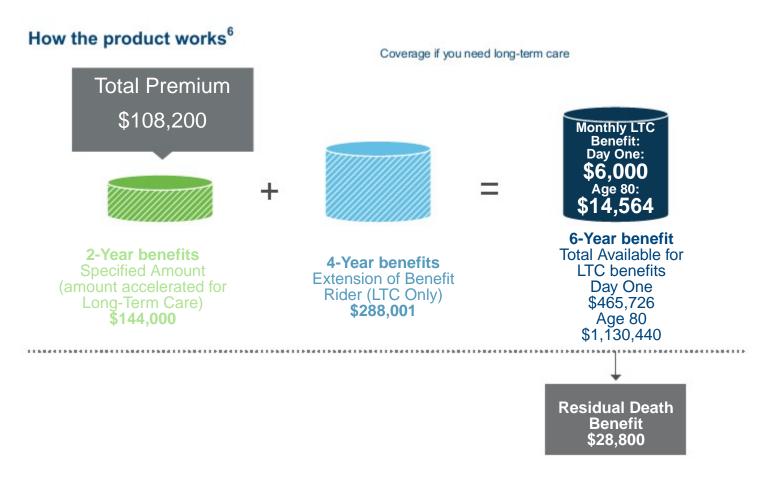
³ Benefits may be taxable under certain circumstances. Consult your tax advisor.

⁴ The insured must continue to meet LTC claims requirements

⁵ The company that currently provides professional consultation services through the Nationwide Care Guide Network is a member of The National Association of Geriatric Care Managers. This service provider is not affiliated with Nationwide Life and Annuity Insurance Company or its subsidiaries. The service provider and the Nationwide Care Guide Network may be changed or discontinued at any time.

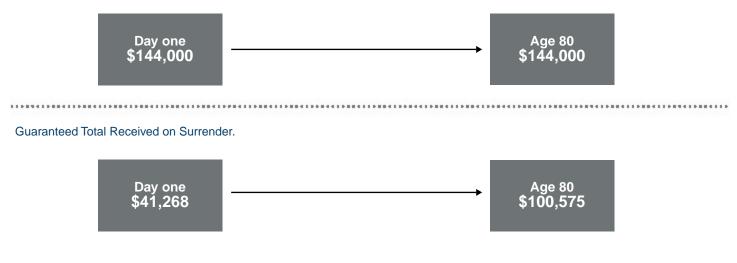


LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits



If the Long-term care benefits are never used, the guarantees below are available.

Guaranteed Death Benefit if LTC is never used.



 $^{\rm 6}$ This scenario assumes no Loans, Partial Surrenders, or LTC Benefits have been taken.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Narrative Summary

About this Proposal

Payment of the single premium, or paying all premiums during the selected premium payment period, guarantees that the policy will not lapse as long as no policy loans are taken.

This proposal assumes that the premium is paid on the first day of each policy year.

The proposal is not a contract and will not become part of any policy issued by Nationwide Life and Annuity Insurance Company. The policy constitutes the actual agreement of coverage and contains the entire terms of the contract. The policy is designed to qualify as life insurance under laws of the United States of America, including the Internal Revenue Code of 1986, as amended. This policy is also intended to be federally tax qualified under section 7702B(b) of the Internal Revenue Code of 1986, as amended. Tax treatment for citizens of, and US residents subject to taxation in, foreign countries may be different. Neither Nationwide nor its representatives give legal or tax advice. Please consult with your attorney or tax advisor for answers to your specific tax questions.

Proposal Details Total Required Premium - \$108,200 is the sum of all Scheduled Premiums you must pay (including any rollovers and/or lump sums), based on the Premium Payment Period you selected. The Premium Payment Period is the period during which the Scheduled Premium will be due and must be selected at issue. The Premium Payment Period for this proposal is a single pay. As long as the premium obligation is met and no loans or partial surrenders are taken, the quoted benefits are guaranteed. For any scheduled premium after the first, there will be a 61 day grace period after the date we mail the grace period notice in which to make the premium payment.

The Scheduled Premium breaks down as follows:

- 1. Life Insurance Premium \$54,401.16
- 2. LTC Rider Premium- \$5,066.06
- 3. LTC Extension of Benefits Premium \$10,845.68
- 4. LTC Inflation Protection Rider Premium \$37,886.61

Refund of Premium on Surrender - You have elected the Minimum Refund of Premium with Maximum LTC Benefit Option. The Refund of Premium value is equal to the Cash Surrender Value. This option provides the lowest Refund of Premium value in the early years and the most LTC benefit for a given Premium.

Total Long-Term Care (LTC) Benefits - \$432,001 is the total maximum amount of LTC benefits available to you from your Nationwide CareMatters[®] II policy. This amount does not include the Inflation Protection Option you may have elected.

Maximum Monthly LTC Benefit - \$6,000 is the amount you will be paid every month if you choose to receive the full LTC benefit amount. It does not include amounts that might be provided by any inflation protection option you might have elected.

Specified Amount - \$144,000 is the amount used to determine LTC benefits and the death benefits. It is also used to determine Policy Charges and Deductions from the Accumulated Value. The Specified Amount is not the same as the Net Death Benefit. Please refer to the Net Death Benefit description below or to the tabular detail.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Narrative Summary

Proposal Details (continued) **Guaranteed Minimum Death Benefit - \$28,800** is 20% of the Specified Amount quoted. As long as your policy stays in force, we guarantee we will pay your beneficiaries a death benefit, even if the death benefit amount quoted is exhausted by the payment of LTC benefits. This death benefit will be lower if loans or partial surrenders are taken.

Inflation Protection Option (Long-Term Care Fixed Rate Inflation Protection Rider Form # ICC18-NWLA-586) - Nationwide CareMatters II offers Inflation Protection Options of either 3% Simple, 3% Compound, 5% Compound or the U.S. Medical Care Inflation Option. You have elected the 3% Compound inflation option. The monthly benefit provided by the Inflation Protection Rider is not included in the Total LTC Benefit Amount. The monthly Inflation Protection Rider amount is in addition to the Maximum Monthly LTC Benefit amount provided by the LTC Rider, or the LTCEB Rider if elected. This rider must be selected at the time of application and can't be changed after issue.

LTC Specified Benefit Period - 6 years is the benefit period you have selected. This represents the total period of time LTC benefits may be paid under your policy if the Maximum Monthly LTC Benefit is taken continuously. This includes a 2 Year LTC Rider Specified Acceleration Period and a 4 Year LTC Extension of Benefits Rider Specified Extension Period. Your specified benefit period must be selected at the time of the application and may not be changed after issue. However, taking less than the Maximum Monthly LTC Benefit may extend the length of time over which benefits are payable.

LTC Rider (Form # ICC18-NWLA-584) - Is the rider that provides LTC benefits as an acceleration of the death benefit.

LTC Extension of Benefits Rider (Form # ICC18-NWLA-585) - Is the rider that provides benefits once the benefits provided by the LTC rider are exhausted.

Key Policy Features & Terms

- Accelerated Death Benefit (ADB) for Terminal Illness Rider (ICC13-NWLA-495)
- The ADB Rider advances a portion of the policy's death benefit in the event of a terminal illness (with a life expectancy of 12 months or less).
- The rider is attached to the policy at the time the policy is issued.
- There is no upfront charge for this rider; however, charges and adjustments will apply at the time the claim is approved.
- The receipt of an accelerated death benefit payment may be taxable or may affect Medicaid or public assistance eligibility. Nationwide does not provide tax or legal advice, so you should consult your personal financial advisor to assess the impact of this benefit.
- Nationwide reserves the right to require the base policy Specified Amount be at least \$50,000 on the Benefit Effective Date; the remaining Specified Amount, after payment of the ADB Rider Benefit, must be at least the minimum Specified Amount.
- The maximum amount of the ADB Rider Benefit to be paid if the insured meets the requirements of the Eligibility and Conditions for Payment section of the ADB Rider cannot exceed 50% of the base policy Eligible Specified Amount.

Accelerated Death Benefit for Critical Illness Rider - (Form # ICC20-NWLA-606)

This rider is automatically added to eligible policies at issue. A charge will only occur if the rider benefit is paid.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Narrative Summary

Key Policy Features & Terms (continued)

This rider permits a request for an elected portion of the base policy's Specified Amount when the Insured is diagnosed with any of the following as described in the rider, including any required period of survival or treatment:

- Cancer
- Heart attack
- · Heart valve replacement
- Kidney failure
- Major organ transplant
- Paralysis
- Stroke
- Sudden cardiac arrest

The maximum annual benefit is the lesser of 10% of the specified amount or \$25,000 per event and is paid as a lump sum. A maximum of 5 claims are allowed.

An administrative charge of up to \$250 dollars, and any due and unpaid premium or policy charges and a loan repayment for any outstanding policy loan, are deducted from the benefit payment. In addition, the Specified Amount and other policy values are reduced each time an accelerated death benefit payment is made. The reduction in the Specified Amount will be more than one dollar for each dollar of benefit received by the Policy Owner based on factors that exist at the time of claim including interest rates and age of insured at the time of claim. The reduction factor includes the cost of accessing the death benefit early. Benefits provided by other riders may also be impacted or require termination when a benefit under the Critical Illness Rider is paid.

Benefits may be taxable under certain circumstances. Consult your tax advisor.

Limitations on availability and the amount of the benefit apply. If the policy specified amount at the time of claim is at or near the minimum stated specified amount in the policy, benefits may not be available. Please request a copy of the rider for details.

Accumulated Value - Is the amount of Life Insurance premium paid, minus premium loads and administrative charges, minus monthly deductions for cost of insurance minus any partial surrenders, plus interest credited.

Cash Indemnity LTC Benefits - Once your claim is approved, no monthly bills or receipts will need to be submitted, and up to full monthly LTC benefit will be paid directly to the policy owner.

Cash Value - Is an amount equal to the greater of:

- a. the Accumulated Value of this Policy; or
- b. the Guaranteed Cash Value.

Cash Surrender Value - Is an amount equal to the greater of:

- a. the Accumulated Value of this policy less any surrender charge; or
- b. the Guaranteed Cash Value.

Cumulative Net Payments - Is the sum of Premiums paid minus any partial surrenders.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Narrative Summary

Key Policy Features & Terms (continued) **Eligibility Requirements -** In order to receive benefits, no exclusions must apply, and the following requirements must be met:

- The Insured has been certified within the previous 12 months by a Licensed Health Care Practitioner as requiring Substantial Supervision to protect the individual from threats to health and safety due to severe Cognitive Impairment and/or is unable to perform, without Substantial Assistance from another individual, two or more of the Activities of Daily Living for at least ninety (90) days due to a loss of functional capacity:
 - Bathing
 Eating
 - Continence
 Toileting
 - Dressing Transferring (moving into or out of a bed, chair, or wheel chair)
- during the Period of Care, the Insured has been receiving Qualified Long-Term Care Services specified in a Plan of Care submitted to us;
- The Licensed Health Care Practitioner must be someone other than the owner or an employee of the Eligible Service Provider, or a family member of the Insured;
- The Elimination Period has been satisfied. The Elimination Period has to be satisfied only once while these Riders are in effect;
- you may be required to provide a signed acknowledgment of concurrence with the payment from all parties with an interest in the Policy, including, but not limited to assignees.
- None of the following Exclusions or Preexisting conditions apply:
 - **Exclusions** -
 - 1. intentionally self-inflicted injuries or attempts at suicide (either while sane or insane);
 - 2. committing or attempting to commit a felony;
 - 3. alcoholism or drug addiction, unless addiction results from administration of drugs for treatment prescribed by a Physician; or
 - 4. war or any act of war, whether declared or undeclared.

Preexisting Conditions Limitations - A preexisting condition is any condition for which the Insured received medical advice, or treatment was recommended by, or received from, a health care services provider in the six months preceding the Policy Date. We will not pay benefits for Qualified Long-Term Care Services received wholly or in part due to a preexisting condition which is not disclosed in the application if the need for services begins during the first six months after the Policy Date.

Guaranteed Cash Value - Is the applicable amount (based on the insured's Attained Age) from the table of the Guaranteed Cash value. Please refer to the Total Received on Surrender report.

Informal Care - Benefits can be used to pay a family member, or any other individual deemed appropriate by the Licensed Health Care Practitioner under the insured's customized Plan of Care. Under certain circumstances, benefits may be taxable. Please consult a tax advisor.

International Benefits - If you are receiving Qualified Long-Term Care services outside of the United States, its territories or possessions, the International LTC benefit payments can be the Maximum Monthly LTC Rider Benefit Amount and the monthly inflation amount. International benefits are not available under the LTCEB rider. Please refer to the client guide for further information on this benefit.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Narrative Summary

Key Policy Features & Terms (continued) **IRC Section 7702 -** Provides the rules for the tax qualification of life insurance. The CVAT test requires we pay a minimum death benefit based on Corridor factors. These factors are defined in section 7702 of the IRS code, and are dependent upon age, class, gender, and rating. If the amount calculated using these Corridor factors in the CVAT is greater than the Specified Amount, then the "Death Benefit" is that higher amount as calculated.

IRC Section 7702B - Provides the rules for the tax qualification of life insurance. The LTC Rider and the LTCEB Rider are intended to be qualified long-term care insurance contracts under Section 7702B of the Internal Revenue Code of 1986, as amended.

Issue Age - Is the insured's age on the last birthday on or before the policy issue date.

Licensed Health Care Practitioner - A Physician, as defined in § 1861 (r)(1) of the Social Security Act, as amended; a registered professional nurse; licensed social worker; or other individual who meets requirements prescribed by the Secretary of the Treasury. The Licensed Health Care Practitioner must be acting within the scope of his or her license when providing: (a) a certification and/or recertification that the insured is Chronically III; or (b) an individualized Plan of Care for the Insured.

Loans (Indebtedness) - Is the amount borrowed against the Net Surrender Value during the policy year. Any outstanding policy indebtedness will be charged interest at the policy loan interest rate of 4.00% as defined in the policy. Any outstanding policy indebtedness will result in a reduction in the policy's Net Surrender Value, Death Benefit, Total LTC Benefit, and LTC Benefits.

Maximum Monthly LTC Inflation Protection Rider Benefit - Is the full amount of the benefit available under the Inflation Protection Option after the Maximum Monthly LTC Benefit is taken. This amount is in addition to the Maximum Monthly LTC Benefit. Please consult your policy specification pages for details.

Modified Endowment Contract (MEC) - This proposal is a MEC as defined by the guidelines of a MEC as defined by Section 7702A of the Internal Revenue Code. A life insurance policy where premium payments made during the first seven years of the contract, or during the first seven years after a material change, exceed the Modified Endowment Premium limit as defined by section 7702A of the Internal Revenue Code. Withdrawals and loans from these contracts are subject to less favorable tax treatment than distributions from policies which are not Modified Endowment Contracts. This does not apply to distributions for LTC benefits.

Nationwide Care Guide Network® - Is a service provided by a non-affiliated third party and included at no additional charge. It provides policy owners, insureds and their family members, with free consultations and tailored information to help implement your plan of care. You have no obligation to use these services which are currently provided through a non-affiliated third party. There is no separate additional charge for this service. This service is subject to availability.

Net Surrender Value - Is the Cash Surrender Value of this policy minus any indebtedness and minus the Unpaid Monthly Deductions Account if applicable.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Narrative Summary

Key Policy Features & Terms (continued) **Net Death Benefit -** Is the death benefit amount that will be paid to your beneficiary if the insured dies while the policy is in-force. This amount is net of any outstanding Policy Indebtedness and LTC benefits paid. Assuming no Loans, Partial Surrenders or LTC Benefits have been paid, this amount will never be less than the total Premiums paid. The Net Death Benefit may be higher in some years based on the Specified Amount, Accumulated Value, Guaranteed Cash Value, Return of Premium Value, and the IRC 7702 corridor factors.

Partial Surrenders - Is the amount of money withdrawn during the policy year. Partial Surrenders will result in the reduction of the Cash Surrender Value, Death Benefit, Total LTC Benefit and Monthly LTC Benefit.

Scheduled Premium - Is the amount of Premium required on the first day of the premium payment frequency for the Premium Payment Period you selected.

Surrender Charges - Is the amount deducted from the Accumulated Value in the event the policy owner surrenders the policy for cash during the applicable period. At no time will the deduction of the surrender charge cause the policy owner to owe additional funds to Nationwide.

Total Monthly Benefit - is the total benefit amount available to you every month. If an inflation protection option is elected, the Total Monthly Benefit you receive will be the Maximum Monthly LTC Benefit plus the Maximum Monthly Inflation Benefit. The full Maximum Monthly LTC Benefit must be taken before the Inflation Protection Rider Benefit is available.

Total Received On Surrender - The total dollar amount that will be paid upon surrender of the policy. The Total Received on Surrender is equal to the Net Surrender Value plus any Refund of Premium amount provided by the Refund of Premium option elected.

Unpaid Monthly Deductions Account - An account used for tracking purposes. This account accrues unpaid Policy charges and monthly deductions when Indebtedness exceeds the Accumulated Value. No interest is credited to the Unpaid Monthly Deductions Account. Interest charged on the Unpaid Monthly Deductions Account accrues at the same rate as Indebtedness, and is applied to the Unpaid Monthly Deductions Account.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Prepared For: Valued Client // Female/50/Couple Non-Tobacco IRC Section 7702: Cash Value Accumulation Test Specified Amount: \$144,000.25 Guaranteed Minimum Death Benefit: \$28,800 Total LTC Benefit: \$432,000.75 Maximum Monthly LTC Benefit: \$6,000.01 LTC Benefit Period: 6 years Inflation Protection Option: 3% Compound Refund of Premium Option: Maximum LTC Benefit Premium Payment Period: Single Premium Scheduled Premium: \$108,199.51 Annual

Tabular Detail

				All Values and Benefits Guaranteed Guaranteed 1.00% Interest Rate								
End of Year	Age	Scheduled Premium	Cash Value	Total Received on Surrender	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit* (Excludes Inflation)	Max Monthly Inflation Rider Benefit*	Total Monthly Benefit	Total Benefit** (Total LTC Benefit Plus Inflation)		
1	50	108,200	41,268	41,268	144,000	432,001	6,000	0	6,000	465,726		
2	51	0	42,665	42,665	144,000	432,001	6,000	180	6,180	479,698		
3	52	0	44,101	44,101	144,000	432,001	6,000	365	6,365	494,089		
4	53	0	45,574	45,574	144,000	432,001	6,000	556	6,556	508,912		
5	54	0	47,084	47,084	144,000	432,001	6,000	753	6,753	524,179		
Total		108,200										
6	55	0	48,630	48,630	144,000	432,001	6,000	956	6,956	539,904		
7	56	0	50,215	50,215	144,000	432,001	6,000	1,164	7,164	556,102		
8	57	0	51,843	51,843	144,000	432,001	6,000	1,379	7,379	572,785		
9	58	0	53,515	53,515	144,000	432,001	6,000	1,601	7,601	589,968		
10	59	0	55,232	55,232	144,000	432,001	6,000	1,829	7,829	607,667		
Total		108,200										
11	60	0	56,998	56,998	144,000	432,001	6,000	2,064	8,064	625,897		
12	61	0	58,810	58,810	144,000	432,001	6,000	2,305	8,305	644,674		
13	62	0	60,667	60,667	144,000	432,001	6,000	2,555	8,555	664,014		
14	63	0	62,569	62,569	144,000	432,001	6,000	2,811	8,811	683,935		
15	64	0	64,513	64,513	144,000	432,001	6,000	3,076	9,076	704,453		
Total		108,200										
16	65	0	66,502	66,502	144,000	432,001	6,000	3,348	9,348	725,586		
17	66	0	68,534	68,534	144,000	432,001	6,000	3,628	9,628	747,354		
18	67	0	70,612	70,612	144,000	432,001	6,000	3,917	9,917	769,775		
19	68	0	72,737	72,737	144,000	432,001	6,000	4,215	10,215	792,868		
20	69	0	74,907	74,907	144,000	432,001	6,000	4,521	10,521	816,654		
Total		108,200	,	,	,	. ,	-,	, -	,-			

Based on Premium Outlay, coverage would continue to:

Insured's attained age: 120

* The Max Monthly LTC Benefit + the Max Monthly Inflation Rider Benefit = The Total Monthly Benefit available. The full Max Monthly LTC Benefit must be taken before the Monthly Inflation Protection Rider Benefit can be taken. The benefit provided by the Inflation Rider will not be added to, nor will it increase or decrease the Total LTC Benefit, the Maximum Lifetime LTC Rider Benefit Amount, the Maximum Lifetime LTCEB Rider Benefit Amount or the Lifetime Total Maximum Amount of LTC Benefits.



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Tabular Detail

				All Values and Benefits Guaranteed Guaranteed 1.00% Interest Rate							
End of Year	Age	Scheduled Premium	Cash Value	Total Received on Surrender	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit* (Excludes Inflation)	Max Monthly Inflation Rider Benefit*	Total Monthly Benefit	Total Benefit** (Total LTC Benefit Plus Inflation)	
21	70	0	77,121	77,121	144,000	432,001	6,000	4,837	10,837	841,153	
22	71	0	79,376	79,376	144,000	432,001	6,000	5,162	11,162	866,388	
23	72	0	81,666	81,666	144,000	432,001	6,000	5,497	11,497	892,380	
24	73	0	83,986	83,986	144,000	432,001	6,000	5,842	11,842	919,151	
25	74	0	86,331	86,331	144,000	432,001	6,000	6,197	12,197	946,726	
Total		108,200									
26	75	0	88,695	88,695	144,000	432,001	6,000	6,563	12,563	975,127	
27	76	0	91,073	91,073	144,000	432,001	6,000	6,940	12,940	1,004,381	
28	77	0	93,459	93,459	144,000	432,001	6,000	7,328	13,328	1,034,513	
29	78	0	95,846	95,846	144,000	432,001	6,000	7,728	13,728	1,065,548	
30	79	0	98,223	98,223	144,000	432,001	6,000	8,139	14,139	1,097,515	
Total		108,200									
31	80	0	100,575	100,575	144,000	432,001	6,000	8,564	14,564	1,130,440	
32	81	0	102,886	102,886	144,000	432,001	6,000	9,000	15,001	1,164,353	
33	82	0	105,162	105,162	144,000	432,001	6,000	9,451	15,451	1,199,284	
34	83	0	107,417	107,417	144,000	432,001	6,000	9,914	15,914	1,235,262	
35	84	0	109,642	109,642	144,000	432,001	6,000	10,391	16,391	1,272,320	
Total		108,200									
36	85	0	111,782	111,782	144,000	432,001	6,000	10,883	16,883	1,310,490	
37	86	0	113,823	113,823	144,000	432,001	6,000	11,390	17,390	1,349,804	
38	87	0	115,794	115,794	144,000	432,001	6,000	11,911	17,911	1,390,299	
39	88	0	117,684	117,684	144,000	432,001	6,000	12,449	18,449	1,432,007	
40	89	0	119,479	119,479	144,000	432,001	6,000	13,002	19,002	1,474,968	
Total		108,200	·	·		·			·		

Based on Premium Outlay, coverage would continue to:

Insured's attained age: 120

* The Max Monthly LTC Benefit + the Max Monthly Inflation Rider Benefit = The Total Monthly Benefit available. The full Max Monthly LTC Benefit must be taken before the Monthly Inflation Protection Rider Benefit can be taken. The benefit provided by the Inflation Rider will not be added to, nor will it increase or decrease the Total LTC Benefit, the Maximum Lifetime LTC Rider Benefit Amount, the Maximum Lifetime LTCEB Rider Benefit Amount or the Lifetime Total Maximum Amount of LTC Benefits.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

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Tabular Detail

				All Values and Benefits Guaranteed Guaranteed 1.00% Interest Rate								
End of Year	Age	Scheduled Premium	Cash Value	Total Received on Surrender	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit* (Excludes Inflation)	Max Monthly Inflation Rider Benefit*	Total Monthly Benefit	Total Benefit** (Total LTC Benefit Plus Inflation)		
41	90	0	121,177	121,177	144,000	432,001	6,000	13,572	19,572	1,519,217		
42	91	0	122,780	122,780	144,000	432,001	6,000	14,159	20,159	1,564,793		
43	92	0	124,293	124,293	144,000	432,001	6,000	14,764	20,764	1,611,737		
44	93	0	125,720	125,720	144,000	432,001	6,000	15,387	21,387	1,660,089		
45	94	0	127,075	127,075	144,000	432,001	6,000	16,029	22,029	1,709,892		
Total		108,200										
46	95	0	128,381	128,381	144,000	432,001	6,000	16,690	22,690	1,761,189		
47	96	0	129,623	129,623	144,000	432,001	6,000	17,370	23,370	1,814,024		
48	97	0	130,772	130,772	144,000	432,001	6,000	18,071	24,071	1,868,445		
49	98	0	131,819	131,819	144,000	432,001	6,000	18,794	24,794	1,924,498		
50	99	0	132,752	132,752	144,000	432,001	6,000	19,537	25,537	1,982,233		
Total		108,200										
51	100	0	133,554	133,554	144,000	432,001	6,000	20,303	26,303	2,041,700		
52	101	0	134,240	134,240	144,000	432,001	6,000	21,093	27,093	2,102,951		
53	102	0	134,855	134,855	144,000	432,001	6,000	21,905	27,905	2,166,040		
54	103	0	135,406	135,406	144,000	432,001	6,000	22,743	28,743	2,231,021		
55	104	0	135,902	135,902	144,000	432,001	6,000	23,605	29,605	2,297,952		
Total		108,200										
56	105	0	136,361	136,361	144,000	432,001	6,000	24,493	30,493	2,366,890		
57	106	0	136,820	136,820	144,000	432,001	6,000	25,408	31,408	2,437,897		
58	107	0	137,292	137,292	144,000	432,001	6,000	26,350	32,350	2,511,034		
59	108	0	137,750	137,750	144,000	432,001	6,000	27,320	33,320	2,586,365		
60	109	0	138,192	138,192	144,000	432,001	6,000	28,320	34,320	2,663,956		
Total		108,200		·								

Based on Premium Outlay, coverage would continue to:

Insured's attained age: 120

* The Max Monthly LTC Benefit + the Max Monthly Inflation Rider Benefit = The Total Monthly Benefit available. The full Max Monthly LTC Benefit must be taken before the Monthly Inflation Protection Rider Benefit can be taken. The benefit provided by the Inflation Rider will not be added to, nor will it increase or decrease the Total LTC Benefit, the Maximum Lifetime LTC Rider Benefit Amount, the Maximum Lifetime LTCEB Rider Benefit Amount or the Lifetime Total Maximum Amount of LTC Benefits.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Prepared For: Valued Client // Female/50/Couple Non-Tobacco IRC Section 7702: Cash Value Accumulation Test Specified Amount: \$144,000.25 Guaranteed Minimum Death Benefit: \$28,800 Total LTC Benefit: \$432,000.75 Maximum Monthly LTC Benefit: \$6,000.01 LTC Benefit Period: 6 years Inflation Protection Option: 3% Compound Refund of Premium Option: Maximum LTC Benefit Premium Payment Period: Single Premium Scheduled Premium: \$108,199.51 Annual

Tabular Detail

				All Values and Benefits Guaranteed Guaranteed 1.00% Interest Rate									
End of Year	Age	Scheduled Premium	Cash Value	Total Received on Surrender	Net Death Benefit	Total LTC Benefit (Excludes Inflation)	Max Monthly LTC Benefit* (Excludes Inflation)	Max Monthly Inflation Rider Benefit*	Total Monthly Benefit	Total Benefit** (Total LTC Benefit Plus Inflation)			
61	110	0	138,622	138,622	144,000	432,001	6,000	29,350	35,350	2,743,874			
62	111	0	139,039	139,039	144,000	432,001	6,000	30,410	36,410	2,826,191			
63	112	0	139,444	139,444	144,000	432,001	6,000	31,502	37,502	2,910,976			
64	113	0	139,841	139,841	144,000	432,001	6,000	32,628	38,628	2,998,306			
65	114	0	140,229	140,229	144,000	432,001	6,000	33,786	39,786	3,088,255			
Total		108,200											
66	115	0	140,614	140,614	144,000	432,001	6,000	34,980	40,980	3,180,903			
67	116	0	140,998	140,998	144,000	432,001	6,000	36,209	42,209	3,276,330			
68	117	0	141,391	141,391	144,000	432,001	6,000	37,476	43,476	3,374,619			
69	118	0	141,808	141,808	144,000	432,001	6,000	38,780	44,780	3,475,858			
70	119	0	142,321	142,321	144,000	432,001	6,000	40,123	46,123	3,580,134			
Total		108,200											

Based on Premium Outlay, coverage would continue to:

Insured's attained age: 120

* The Max Monthly LTC Benefit + the Max Monthly Inflation Rider Benefit = The Total Monthly Benefit available. The full Max Monthly LTC Benefit must be taken before the Monthly Inflation Protection Rider Benefit can be taken. The benefit provided by the Inflation Rider will not be added to, nor will it increase or decrease the Total LTC Benefit, the Maximum Lifetime LTC Rider Benefit Amount, the Maximum Lifetime LTCEB Rider Benefit Amount or the Lifetime Total Maximum Amount of LTC Benefits.



Nationwide CareMatters® II

LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Input Summary - Ledger Case File: [Untitled]

Screen: Insured

Revised Illustration?NoIssue StateVAFirst NameValuedLast NameClientSexFemale		Issue Age or D.O.B. (mm/dd/yyyy) Tobacco User? Married / Civil Union / Domestic Partnership?	50 No Yes								
Screen: Face Amount and Premium											
Specify Premium or Benefit Premium or Benefit Amount Scheduled Premium Refund of Premium	Monthly LTC Benefit 6000 Single Premium Maximum LTC Benefit	Premium Mode Benefit Duration Inflation Benefit Option 1035 Exchange?	Annual 6 3% Compound No								
Guaranteed Rate	Screen: Interes	st Rate and Income									
	Screen: 0	Dutput Design									
General Ledger Annual Cost Summary Display IRR Column Quick View	Yes No Yes	Premium Summary OCC Report Monthly Cost Summary	Yes No No								



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Prepared For: Valued Client // Female/50/Couple Non-Tobacco IRC Section 7702: Cash Value Accumulation Test Specified Amount: \$144,000.25 Guaranteed Minimum Death Benefit: \$28,800 Total LTC Benefit: \$432,000.75 Maximum Monthly LTC Benefit: \$6,000.01 LTC Benefit Period: 6 years Inflation Protection Option: 3% Compound Refund of Premium Option: Maximum LTC Benefit Premium Payment Period: Single Premium Scheduled Premium: \$108,199.51 Annual

Signature Page

Proposal as shown is a Modified Endowment Contract.

I have received a copy of this proposal. I also understand this pr policy constitute the actual agreement of coverage.	roposal is not a contract and that the terms of the
Applicant/Policy Owner	Date
I certify that this proposal has been presented to the applicant. I inconsistent with the proposal.	have made no representations that are
Sales Representative	Date

Life Insurance underwritten by the Nationwide Life and Annuity Insurance Company, Columbus, Ohio.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

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Total Received on Surrender

- A. Guaranteed Cash Value
- B. Accumulated Value Less Surrender Charges
- C. Net Surrender Value (the greater of A or B)
- D. Refund of Premium Value
- E. **Total Received On Surrender -** The total dollar amount that will be paid upon surrender of the policy. The Total received On Surrender is the greater of the Net Surrender Value (C) and the Refund of Premium (D). If the Refund of Premium is greater than the Net Surrender Value, the excess will be refunded upon surrender.

- If the Refund of Premium is \$100,000 and the Net Surrender Value is \$70,000, the Total Received on Surrender will be \$100,000. The \$100,000 will consist of the \$70,000 Net Surrender Value and \$30,000 Refund of Premium.
- If the Refund of Premium is \$70,000 and the Net Surrender Value is \$100,000, the Total Received on Surrender will be \$100,000. The \$100,000 will consist of the \$100,000 Net Surrender Value.

End of Year	Age	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value	(D) Refund Of Premium	(E) Total Received on Surrender
1	50	41,268	35,788	41,268	N/A	41,268
2	51	42,665	35,363	42,665	N/A	42,665
3	52	44,101	34,899	44,101	N/A	44,101
4	53	45,574	34,394	45,574	N/A	45,574
5	54	47,084	33,848	47,084	N/A	47,084
6	55	48,630	33,254	48,630	N/A	48,630
7	56	50,215	32,612	50,215	N/A	50,215
8	57	51,843	32,191	51,843	N/A	51,843
9	58	53,515	31,720	53,515	N/A	53,515
10	59	55,232	31,198	55,232	N/A	55,232
11	60	56,998	31,170	56,998	N/A	56,998
12	61	58,810	29,999	58,810	N/A	58,810
13	62	60,667	28,774	60,667	N/A	60,667
14	63	62,569	27,492	62,569	N/A	62,569
15	64	64,513	26,152	64,513	N/A	64,513
16	65	66,502	24,748	66,502	N/A	66,502
17	66	68,534	23,280	68,534	N/A	68,534
18	67	70,612	21,741	70,612	N/A	70,612
19	68	72,737	20,128	72,737	N/A	72,737
20	69	74,907	18,439	74,907	N/A	74,907



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

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- If the Refund of Premium is \$70,000 and the Net Surrender Value is \$100,000, the Total Received on Surrender will be \$100,000. The \$100,000 will consist of the \$100,000 Net Surrender Value.

End of Year	Age	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value	(D) Refund Of Premium	(E) Total Received on Surrender
21	70	77,121	16,667	77,121	N/A	77,121
22	71	79,376	14,805	79,376	N/A	79,376
23	72	81,666	12,851	81,666	N/A	81,666
24	73	83,986	10,802	83,986	N/A	83,986
25	74	86,331	8,654	86,331	N/A	86,331
26	75	88,695	6,406	88,695	N/A	88,695
27	76	91,073	4,054	91,073	N/A	91,073
28	77	93,459	1,596	93,459	N/A	93,459
29	78	95,846	0	95,846	N/A	95,846
30	79	98,223	0	98,223	N/A	98,223
31	80	100,575	0	100,575	N/A	100,575
32	81	102,886	0	102,886	N/A	102,886
33	82	105,162	0	105,162	N/A	105,162
34	83	107,417	0	107,417	N/A	107,417
35	84	109,642	0	109,642	N/A	109,642
36	85	111,782	0	111,782	N/A	111,782
37	86	113,823	0	113,823	N/A	113,823
38	87	115,794	0	115,794	N/A	115,794
39	88	117,684	0	117,684	N/A	117,684
40	89	119,479	0	119,479	N/A	119,479



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

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End of Year	Age	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value	(D) Refund Of Premium	(E) Total Received on Surrender
41	90	121,177	0	121,177	N/A	121,177
42	91	122,780	0	122,780	N/A	122,780
43	92	124,293	0	124,293	N/A	124,293
44	93	125,720	0	125,720	N/A	125,720
45	94	127,075	0	127,075	N/A	127,075
46	95	128,381	0	128,381	N/A	128,381
47	96	129,623	0	129,623	N/A	129,623
48	97	130,772	0	130,772	N/A	130,772
49	98	131,819	0	131,819	N/A	131,819
50	99	132,752	0	132,752	N/A	132,752
51	100	133,554	0	133,554	N/A	133,554
52	101	134,240	0	134,240	N/A	134,240
53	102	134,855	0	134,855	N/A	134,855
54	103	135,406	0	135,406	N/A	135,406
55	104	135,902	0	135,902	N/A	135,902
56	105	136,361	0	136,361	N/A	136,361
57	106	136,820	0	136,820	N/A	136,820
58	107	137,292	0	137,292	N/A	137,292
59	108	137,750	0	137,750	N/A	137,750
60	109	138,192	0	138,192	N/A	138,192



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Prepared For: Valued Client // Female/50/Couple Non-Tobacco IRC Section 7702: Cash Value Accumulation Test Specified Amount: \$144,000.25 Guaranteed Minimum Death Benefit: \$28,800 Total LTC Benefit: \$432,000.75 Maximum Monthly LTC Benefit: \$6,000.01 LTC Benefit Period: 6 years Inflation Protection Option: 3% Compound Refund of Premium Option: Maximum LTC Benefit Premium Payment Period: Single Premium Scheduled Premium: \$108,199.51 Annual

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End of Year	Age	(A) Guaranteed Cash Value	(B) Accumulated Value Less Surrender Charges	(C) Net Surrender Value	(D) Refund Of Premium	(E) Total Received on Surrender
61	110	138,622	0	138,622	N/A	138,622
62	111	139,039	0	139,039	N/A	139,039
63	112	139,444	0	139,444	N/A	139,444
64	113	139,841	0	139,841	N/A	139,841
65	114	140,229	0	140,229	N/A	140,229
66	115	140,614	0	140,614	N/A	140,614
67	116	140,998	0	140,998	N/A	140,998
68	117	141,391	0	141,391	N/A	141,391
69	118	141,808	0	141,808	N/A	141,808
70	119	142,321	0	142,321	N/A	142,321



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

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7702 / 7702a

MEP:

\$6,607.13

NSP:

\$41,320.47

Modified Endowment Premium (MEP): As defined by the IRC Section 7702A, this premium represents the level annual premium required for seven years to mature the policy under guaranteed mortality charges at an annual interest rate of 3.75%.

Net Single Premium (NSP): This premium represents the single premium required to mature the policy under mortality charges, as defined in IRC Section 7702, at an annual interest rate of 3.75%.

Please see the proposal for further information on other important information and features.



LIFE INSURANCE WITH Cash Indemnity Long-term Care Benefits

Prepared For: Valued Client // Female/50/Couple Non-Tobacco IRC Section 7702: Cash Value Accumulation Test Specified Amount: \$144,000.25 Guaranteed Minimum Death Benefit: \$28,800 Total LTC Benefit: \$432,000.75 Maximum Monthly LTC Benefit: \$6,000.01 LTC Benefit Period: 6 years Inflation Protection Option: 3% Compound Refund of Premium Option: Maximum LTC Benefit Premium Payment Period: Single Premium Scheduled Premium: \$108,199.51 Annual

Quick View

			All Va	lues and Benefi	ts are Guarant	teed	
LTC Specified Benefit Period	Inflation Protection Option	Specified Amount	Total Benefit** (Total LTC Benefit Plus Inflation) (Day One)	Max Monthly LTC Benefit (Day One)	Total Monthly [*] Benefit (Age 80)	Total Benefit** (Total LTC Benefit Plus Inflation) (Age 80)	Inflation Crossover Age ^{***}
2 Years	None	\$262,006	\$262,006	\$10,917	\$10,917	\$262,006	
2 Years	3% Simple	\$228,688	\$232,118	\$9,529	\$18,104	\$437,938	55
2 Years	3% Compound	\$183,097	\$185,843	\$7,629	\$18,518	\$451,091	63
2 Years	5% Compound	\$145,308	\$148,941	\$6,055	\$26,167	\$643,713	63
3 Years	None	\$245,532	\$368,298	\$10,231	\$10,231	\$368,298	
3 Years	3% Simple	\$191,212	\$295,423	\$7,967	\$15,138	\$553,560	60
3 Years	3% Compound	\$161,007	\$248,829	\$6,709	\$16,284	\$603,973	65
3 Years	5% Compound	\$107,418	\$169,318	\$4,476	\$19,344	\$731,781	67
4 Years	None	\$233,577	\$467,155	\$9,732	\$9,732	\$467,155	
4 Years	3% Simple	\$176,733	\$369,371	\$7,364	\$13,991	\$687,490	61
4 Years	3% Compound	\$155,120	\$324,482	\$6,463	\$15,688	\$787,603	64
4 Years	5% Compound	\$93,444	\$201,379	\$3,894	\$16,828	\$870,347	69
5 Years	None	\$224,525	\$561,312	\$9,355	\$9,355	\$561,312	
5 Years	3% Simple	\$161,649	\$428,369	\$6,735	\$12,797	\$792,078	63
5 Years	3% Compound	\$145,361	\$385,871	\$6,057	\$14,701	\$936,610	65
5 Years	5% Compound	\$86,824	\$239,878	\$3,618	\$15,635	\$1,036,737	70
6 Years	None	\$221,592	\$664,775	\$9,233	\$9,233	\$664,775	
6 Years	3% Simple	\$155,483	\$501,433	\$6,478	\$12,309	\$921,237	65
6 Years	3% Compound	\$144,000	\$465,726	\$6,000	\$14,564	\$1,130,440	65
6 Years	5% Compound	\$77,995	\$265,259	\$3,250	\$14,045	\$1,146,435	72
7 Years	None	\$212,513	\$743,795	\$8,855	\$8,855	\$743,795	
7 Years	3% Simple	\$149,960	\$572,098	\$6,248	\$11,872	\$1,044,473	64
7 Years	3% Compound	\$129,353	\$495,580	\$5,390	\$13,082	\$1,202,904	67
7 Years	5% Compound	\$75,918	\$309,061	\$3,163	\$13,671	\$1,335,742	72

^{*}The Max Monthly LTC Benefit + the Max Monthly Inflation Rider Benefit at age 80 = The Total Monthly Benefit available at age 80. The full Max Monthly LTC Benefit must be taken before the Monthly Inflation Rider Benefit can be taken. The benefit provided by the Inflation Rider will not be added to, nor will it increase or decrease the Total LTC Benefit, the Maximum Lifetime LTC Rider Benefit Amount, the Maximum Lifetime LTCEB Rider Benefit Amount or the lifetime Total Maximum Amount of LTC Benefits.

**The values shown assume you collect the full amount of LTC Benefits continuously for the full LTC Specified Benefit Period you elected at the beginning of Day 1 or age 80 and you are receiving qualified LTC services in the United States. Any Monthly Inflation Rider Benefit not taken in a given month will be forfeited. Benefits shown are cumulative over the LTC Specified Benefit Period you elected.

""The Inflation Crossover Age is the age that the Total Monthly Benefit is equal to or greater than the Max Monthly Benefit with no inflation added.



Nationwide Life and Annuity Insurance Company One Nationwide Plaza Columbus, OH 43215

All guarantees and benefits of the insurance policy are backed by the claims-paying ability of the issuing insurance company. Policy guarantees and benefits are not backed by the broker/dealer and/or insurance agency selling the policy, nor by any of their affiliates, and none of them makes any representations or guarantees regarding the claims-paying ability of the issuing insurance company. Nationwide CareMatters II is a cash indemnity product that pays LTC benefits when the insured person is certified to have a qualifying condition and a need for LTC services. Bills and receipts showing actual expenses do not have to be submitted for payment of benefits once a claim has been approved. Each year, the policy owner can receive, tax free, the greater of the HIPAA per diem amount or actual LTC costs incurred. However, benefits may be taxable under certain circumstances. You may receive, tax free, the greater of the HIPAA per diem in the year of your claim or your actual qualified LTC expenses incurred. Taxpayers should consult with their tax and legal advisors about their specific situation.

Keep in mind that the payment of long-term care rider benefits, as an acceleration of the death benefit, will reduce both the death benefit and cash surrender values of the policy. Additionally, loans and withdrawals will also reduce both the cash values and the death benefit. Care should be taken to make sure that life insurance needs continue to be met even if the rider pays out in full or after money is taken from the policy. There is no guarantee that the rider will cover the entire cost for all of the insured's long-term care, as this may vary with the needs of each insured. Nationwide pays the long-term care benefit to the policy owner; there is no guarantee the policy owner will use the benefit for long-term care expenses if the policy is owned by someone other than the insured.

When choosing a product, make sure that life insurance and long-term care insurance needs are met. CareMatters II is not intended to be a primary source of life insurance protection, so make sure life insurance needs have been covered by appropriate products. Because personal situations may change (i.e., marriage, birth of a child or job promotion), so can life insurance and longterm care insurance needs. Care should be taken to ensure these strategies and products are suitable. Associated costs, as well as personal and financial objectives, time horizons and risk tolerance should all be weighed before purchasing CareMatters II. Life insurance, and long-term care coverage linked to life insurance, has fees and charges associated with it that include: costs of insurance, which vary based on characteristics of the insured such as sex, tobacco use, health and age; and additional charges for riders that customize a policy to fit individual needs.

CareMatters II has exclusions, limitations, reductions of benefits and terms under which the product may be continued in force or discontinued. For more details on cost and coverage options, contact your insurance professional.

The insurance professional or company may contact you in response to your request for additional information. Approval for coverage under the policy and riders is subject to underwriting and may require a medical exam. Nationwide CareMatters II may not be available in every state. Please contact Nationwide to determine product availability in your state.

The information contained herein was prepared to support the promotion, marketing, and/or sale of life insurance contracts, annuity contracts and/or other products and services provided by Nationwide Life and Annuity Insurance Company.

The Medical Care Component of the Consumer Price Index for All Urban Consumers, Unadjusted (the "Index"), is maintained by the U.S. Bureau of Labor Statistics. Nationwide's use of the Index is not sponsored, endorsed or promoted by the U.S. Bureau of Labor Statistics, The U.S. government, or any of its agencies. Inclusion of the Index in an insurance product is not a recommendation by the U.S. government to buy such a product. Neither the U.S. government nor the U.S. Bureau of Labor Statistics guarantees the adequacy, accuracy, timeliness or the completeness of Nationwide's use of the Index. The actual rate of inflation in long-term care costs may be different than the experience of the Index. Products are issued by Nationwide Life and Annuity Insurance Company, Columbus, Ohio.

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