

Maine - State

Monthly Cost

2020

Home Health Care

Homemaker Services

\$5,339

Homemaker Health Aide

\$5,457

Based on annual rate divided by 12 months (assumes 44 hours per week).

Adult Day Health Care

Adult Day Health Care

\$3,467

Based on annual rate divided by 12 months.

Assisted Living Facility

Private, One Bedroom

\$5,942

As reported, monthly rate, private, one bedroom.

Nursing Home Care

Semi-Private Room

\$9,642

Private Room

\$10,615

Based on annual rate divided by 12 months.

The information shown above is based on a specific scenario generated by the [Genworth 2020 Cost of Care](#). Future years are calculated by assuming an annual 3% growth rate. For more information and location comparison, visit genworth.com/costofcare.